EXPLORE WITH ME: CAREGIVER & BABY
Ages birth to 5 years

Welcome to our Explore with Me (EWM) division at Columbus Academy Summer Experience. This program is designed to give caregivers and babies a place to bond and explore, while offering a low stress environment in which babies can learn and grow individually and socially. Caregivers will also have the opportunity to network and learn many new and exciting activities to do with those in their care. In addition to a lead instructor, there will be a program coordinator present in all classes to assist the caregivers and babies at any point.

EWM classes are offered from 10:30-11:30am, Tuesday through Saturday on Columbus Academy’s campus in Gahanna. The campus is accessed from the West on Cherry Bottom Road or from the East via Beecher Road off of Hamilton Road. (Please refer to the campus map on the inside of the back cover.) All Explore With Me programs are best accessed by parking in the Family Division parking area in the Academy Hall Parking Circle. Follow the ORANGE signage into the Theatre entrance and into the Explore With Me room.

All EWM classes follow a consistent, yet free-flowing schedule. We understand the babies’ individual needs will vary and therefore, our class schedule is designed to be flexible and adaptable in order to cater to the needs of our families. The first 15 minutes of the hour is designed to allow caregivers and babies to get acclimated to the classroom environment while socializing with others in the class. The program coordinator will also have manipulatives available as an option during this time. Once everyone is settled in and all of the babies’ needs are met, the instructor will lead the themed portion of class, which typically lasts between 25-30 minutes. During the remaining 15 minutes of class, the EWM stations will be open for free play time guided by the program coordinator. Caregivers and babies will be encouraged to interact with each station before ending the class. Stations include, but are not limited to: a soft shape obstacle course, Nessie soft creatures, crawl tunnels, indestructible books, baby musical instruments, soft blocks, tactile balls, and so much more!

One registration accommodates one child and one caregiver. EWM is also intended to be an inclusive “all-in-the-family” experience. If there is more than one caregiver or an older sibling not within the age range of the class, they are also welcome to attend as a guest at no additional charge. Each class has a full 8-week course fee; however, we understand that many families have varying schedules over the summer. For this reason, if you would need to attend fewer than 8 weeks of programming, please contact the Summer Experience office to discuss options available. Please note: Thursday classes will run for 7 weeks as there is no class on Thursday, July 4th.

All classes have a suggested age range based on the appropriateness of the activities covered. Please remember our classes are flexible, and we understand that every child develops at his or her own rate. If you register for a class that does not seem developmentally appropriate for your child, we will be happy to work with you to find an alternative option that is a better fit.

What are the benefits of programming for very young children?

Connections! Not only with the world around them, but between the child and those that care for them the most. In a world where technology is so important and our attention is being pulled in so many directions, we need to make conscious efforts to connect. These programs offer support in a variety of ways:

- Programming that is age appropriate and flexible
- Connecting to the community
- Providing a baby safe environment to explore and discover
- Giving parents and caregivers a venue to network, connect and share

Sensory Sensitive Friendly Classes

This summer, we are continuing to feature programs that will provide parents with options for their children that may have special sensory needs. We have made strong efforts to educate all of our teachers on the needs of the sensory sensitive child. We strive to make sure our environment supports these needs by being conscious of bright lights and noise levels, providing space for necessary breaks, as well as providing a variety of sensory activities for discovery when the child is ready. These enhancements benefit all children, but are essential to those with sensory needs. All classes will have these options, but there are a few that are specifically designed to support children with additional needs. These classes are identified with a ☀.

Allergy Policy: Columbus Academy Summer Experience is peanut and tree nut free.
EXPLORE WITH ME

Programs are organized by day of the week. Explore With Me will use the Family Division Registration Form located on page 71.

TUESDAYS

 Cyr Tumble with Me
 Babies/toddlers walking to 3 years old | Sessions 2-9
 Tuesdays 10:30-11:30am | $160 for the 8-week session
 Instructor: Gym Skills Staff
 This is a caregiver participation class designed to welcome very young athletes into the sport using an open play approach. Gymnastics will help establish balance, flexibility, muscle memory, body position, core development and beginner tumbling. Children will begin to learn exercise while having fun using various shape mats. We stretch, do an obstacle course, and work on bars, beam, and trampoline. In the obstacle course, we walk on the balance beam, climb, hop, log roll, forward roll, backward roll, crawl, donkey kick, and so much more!

WEDNESDAYS

COSI's Step into Science
 Ages 18 months to 4 years old | Sessions 2-9
 Wednesdays 10:30-11:30am | $160 for the 8-week session
 Instructor: COSI Staff
 Touch, explore, discover, and play all summer long with COSI! In this brand new summer science series, early learners and their grown-ups will step into the shoes of a new kind of scientist each week! Become a doctor and explore the senses; build ramps and explore magnets like a physicist; experiment with size like an engineer... And since it's COSI, it's always hands-on!

THURSDAYS

 Cyr Music Together
 Ages birth to 5 years old | Sessions 2-9 (no class July 4)
 Thursdays 10:30-11:30am | $180 for the 7-week session
 Instructor: Kate Cremean
 Use your pots and pans for more than making mac and cheese! Music Together is an active approach to teaching music to babies and toddlers. By emphasizing actual music experiences rather than concepts about music, this class introduces children to the pleasures of making music instead of passively receiving it from CDs or TV. Central to the Music Together approach is the idea that young children learn best from meaningful adult role models in their lives. This program brings families together by providing a rich musical environment in the classroom. It also encourages family participation in spontaneous musical activity at home within the context of daily life. Come prepared to make noise, use shakers, and sing! A songbook, CD, and digital download of all music used are included in the class fee. This class offers a multiple-child discount; please contact our office for details: (614) 509-2267.

FRIDAYS

 Cyr Make Memories with Me
 Ages 18 months to 3 years old | Sessions 2-9
 Fridays 10:30-11:30am | $160 for the 8-week session
 Instructor: TBA
 Get your creative juices flowing in this class that will explore art with you and your young child. In this class, we will get messy with a different medium each week that will result in a keepsake that you and your family will enjoy for years to come. Dress for mess and prepare to be wowed by the masterpieces you will create together.

SATURDAYS

 Cyr Swim with Me
 Ages birth to 3 years old | Sessions 2-9
 Saturdays 10:30-11:30am | $160 for the 8-week session
 Instructor: TBA
 Introduce your child to the water and develop basic skills in a sensory sensitive environment. Children will learn to be comfortable in the water through songs, games, and water exploration. This class will provide a safe, supportive, environment with individualized instruction to meet the needs of each child. Children will learn to trust their instructor and their caregivers in the water as well as basic water safety skills. Caregivers will learn songs and games that they can do in the water with their child. We will move at each individual child's pace and do everything we can to make their experience in the water a positive one!
GROWN UP & CHILD
Parents/caregivers and children ages 5 and up

Work…schedules…dinners…sports…there is so much to do! Let us help you carve out some precious time to spend with those closest to you. In this new Grown Up & Child division, we hope to bring families together to experience fun and play in a lighthearted, but very intentional way. Learning a new skill with your child may be the most rewarding thing you will do all year. We will make memories that will live on beyond the summer and may even spark life long connections and engagement.

Grown Up & Child classes are offered at various times each day, Tuesday through Saturday, on Columbus Academy’s campus in Gahanna. The campus is accessed from the West on Cherry Bottom Road or from the East via Beecher Road off of Hamilton Road. (Please refer to the campus map on the inside of the back cover.) All Grown Up & Child programs are best accessed by parking in the Family Division parking area in the Academy Hall Parking Circle. Follow the ORANGE signage into the Theatre entrance and into the appropriate classroom.

One registration accommodates one child and one caregiver. Each child in attendance should be accompanied by a grown up. If multiple grown ups would like to bring one child, the second grown up can attend at no additional cost. Most classes have a full 8-week course fee; however, we understand that many families have varying schedules over the summer. For this reason, if you would need to attend fewer than 8 weeks of programming, please contact the Summer Experience office to discuss options available. Please note: Thursday classes will run for 7 weeks as there is no class on Thursday, July 4th.

All classes have a suggested age range based on the appropriateness of the activities covered. Please remember our classes are flexible, and we understand that every child develops at his or her own rate. If you register for a class that does not seem developmentally appropriate for your child, we will be happy to work with you to find an alternative option that is a better fit.

What are the benefits of programming for caregivers and children together?

Connections! Not only with the world around us, but between the child and those that care for them the most. In a world where technology is so important and our attention is being pulled in so many directions, we need to make conscious efforts to connect. These programs offer support in a variety of ways:

• Providing a fun learning environment for both parent and child
• Learning new hobbies and activities to take home together
• Promoting family time and togetherness
• Giving parents and caregivers a venue to network, connect and share

Allergy Policy: Columbus Academy Summer Experience is peanut and tree nut free.

FEES, CANCELLATIONS, REFUNDS AND DEADLINES FOR FAMILY DIVISION

Course fees are located in the course descriptions and registration pages. Whether submitting a paper form or registering online, registration is not complete until payment is received. Cancelations or changes (for Family Division only) made prior to Friday, May 31st will incur no penalty and will be refunded in full. Cancelations made after this deadline will be refunded at 25% of the program fee. Please understand that after this deadline, we have made firm financial commitments to our faculty and staff, in addition to purchasing materials for the class. If a cancelation is made after the camp’s start date, there will be no refund issued. If you do not notify us and your child does not attend, you will be subject to our no-show policy in which no refund will be issued. Changes made to schedules after the deadline will be charged a non-refundable fee of $25 per child plus any difference in camp fees.

FAMILY DIVISION DEADLINE: MAY 31, 2019
GROWN UP & CHILD
Programs are organized by day of the week. Grown Up & Child will use the Family Division Registration Form located on page 71.

TUESDAYS

Scribble to Script
Grown Up & Child (Grades PK-1) I Sessions 2-9
Tuesdays 5:30-6:30pm I $160 for the 8-week session
Instructor: Leslie Catlett / The Penmanship Lab
Handwriting camp, led by Occupational Therapist Leslie Catlett, focuses on the building blocks for developmental progression of handwriting and fine motor skills. The fun-filled labs offer developmentally appropriate, multi-sensory activities, games, arts and crafts, and gross/core exercises to boost handwriting skills. First session will include an “informal assessment” to determine current skills. Creativity and skilled instruction are used to engage your child as they work on neatness, proper letter formation, improved pencil grip, spacing, and sizing for printing writing. This is the perfect class to boost your child’s confidence and equip them with the tools needed for handwriting success!

WEDNESDAYS

Moving and Learning Together
Grown Up & Child (Ages 7 & up) | Sessions 2-9
Wednesdays 5:30-6:30pm | $160 for the 8-week session
Instructor: TBA
This class will offer parent and child the opportunity to engage in a physical practice that asks the mind and the body to work together in order to communicate with each other. The goal of engaging in somatic (or mind/body) awareness for parent and child together is to encourage growing relationships based on non-traditional modes of communication. Participants will experience exercises foundational to contact improvisation, a movement practice that utilizes touch to build trust and creativity through shared body space and care. Similar to partner yoga classes, this class will encourage building a partnership, while seeking to tell stories and have conversations with the body. Get ready to work your body and your mind, in conjunction with your family, giving everyone a new approach to building healthy bodies and relationships. Participants should dress comfortably in modest clothing that will provide plenty of potential for full range of motion movement. Please note some sitting or laying might be explored, and therefore, long pants and long sleeves might be preferred for this portion of the class. A water bottle is also recommended.

THURSDAYS

COSI’s Try-It Together Workshops
Grown Up & Child (Grades K-2) | Sessions 2-9 (no class July 4)
Thursdays 5:00-6:00pm | $140 for the 7-week session
Instructor: COSI Staff
COSI invites early learners and their favorite adults to try it together in our new summer series of hands-on workshops! Each week, we’ll invite you to step into the shoes of a new kind of scientist to touch, explore, question, and try new things! Become a meteorologist, a zoologist, a paleontologist, and more as we discover more about the world around us… together!

CONTACT INFORMATION
Summer Experience..............................614-509-2267
Director.............................................614-509-2529
Assistant............................................614-509-2247
Before/After Care.........................614-509-2240
Summer Experience Fax ..........................614-475-0396
Email ......Summer_Experience@columbusacademy.org
Director’s Email............KingA@columbusacademy.org

FRIDAYS

Cooking Up Memories in the Kitchen
Grown Up & Child (Grades 1-5) | Sessions 2-9
Fridays 4:30-6:30pm | $240 for the 8-week session
Instructor: TBA
Join us for a journey around the world through food! Each week’s lesson will focus on a different country’s culture and a recipe you and your child will make together. We will round out our experience by asking you to bring a family recipe to share with the group on the last day of class. fantastic food, family and fun! Let’s get cooking!

SATURDAYS

Gotta Sing!! Gotta Dance!!
Grown Up & Child (Grades K-3) | Sessions 2-9
Saturdays 9:30-10:30am | $160 for the 8-week session
Instructor: Alessandra Rogers/Gotta Sing!! Gotta Dance!!
Come join us for a fun class where the skills you learn will help you outside of the classroom. We will learn some songs that include solo work, blending, harmonizing, movement and choreography. We will also learn self expression, diction, public speaking, making a presence, how to get rid of nerves, and finding an outlet for your feelings. This musical journey is for the experienced and inexperienced, and we hope you all leave loving musical theatre, feeling confident, and ready to take on your fears together!
ADULT & SENIOR
Adults 18 and up

What have you done for yourself lately? Work, kids, family… Whatever it may be that you choose to focus your time on, we would like to see you do something just for YOU! Stretch your body and mind by joining us this summer in a program that will expand your knowledge, help you gain confidence, learn a new skill and connect with the community. Take time for yourself to grow as an individual and it will be infectious to those around you.

Adult & Senior classes are offered at various times each day, Tuesday through Saturday, on Columbus Academy’s campus in Gahanna. The campus is accessed from the West on Cherry Bottom Road or from the East via Beecher Road off of Hamilton Road. (Please refer to the campus map on the inside of the back cover.) All Adult & Senior programs are best accessed by parking in the Family Division parking area in the Academy Hall Parking Circle. Follow the ORANGE signage into the Theatre entrance and into the appropriate classroom.

One registration accommodates one adult. Classes have set session lengths and corresponding course fees; however, we understand that many adults have varying schedules over the summer. For this reason, if you would need to attend fewer than the designated weeks of programming, please contact the Summer Experience office to discuss options available.

What are the benefits of programming for adults and seniors?
As an adult, sometimes it is a challenge to unplug and really give back to yourself. Self-care is difficult to schedule and falls last on many people’s priority lists, but it is so important for our health and well being. If we do not take care of ourselves, we cannot be the best version of ourselves. These programs offer support in a variety of ways:

- Improving knowledge retention; keeping your mind and body active
- Providing customizable learning experiences
- Broadening your horizons and interests
- Giving adults a venue to network and connect

Allergy Policy: Columbus Academy Summer Experience is peanut and tree nut free.

FEES, CANCELATIONS, REFUNDS AND DEADLINES FOR FAMILY DIVISION
Course fees are located in the course descriptions and registration pages. Whether submitting a paper form or registering online, registration is not complete until payment is received. Cancelations or changes (for Family Division only) made prior to Friday, May 31st will incur no penalty and will be refunded in full. Cancelations made after this deadline will be refunded at 25% of the program fee. Please understand that after this deadline, we have made firm financial commitments to our faculty and staff, in addition to purchasing materials for the class. If a cancelation is made after the camp’s start date, there will be no refund issued. If you do not notify us and do not attend, you will be subject to our no-show policy in which no refund will be issued. Changes made to schedules after the deadline will be charged a non-refundable fee of $25 per person plus any difference in camp fees.

FAMILY DIVISION DEADLINE: MAY 31, 2019
ADULT & SENIOR

Programs are organized by day of the week. Adult & Senior will use the Family Division Registration Form located on page 71.

TUESDAYS

Hip Hop Dance and Fitness
Adults & Seniors | Sessions 2-9
Tuesdays 6:00-7:00pm | $160 for the 8-week session
Instructor: Chelsea Crabtree / CLC Dance, LLC
Come dance with us! Dance your way to being fit in a high-impact dance class choreographed to your favorite music. You will enjoy a fusion of good beats and dynamic dance moves while having a great time! Don’t forget to bring your sneakers! It’s truly a “Dance Like No One’s Watching” experience!

WEDNESDAYS

Business Start Up 101
Adults & Seniors | Sessions 2-9 (No class July 24)
Wednesdays 6:00-8:00pm | $210 for the 7-week session
Instructor: Lorena Popelka
Ever thought of starting your own business? Have an entrepreneurial spirit? Join us and learn how to conduct research to find the most up-to-date information for starting your own business. Course will demonstrate how to assess business competition and locate consumers using market research and market segmentation, using both online sources and database resources. The course will also examine how to determine business start up costs, location choice, understand the best methods of advertising, how to conduct a feasibility study, and write a business plan. All future entrepreneurs need to come prepared with a laptop.

THURSDAYS

Nutrition, Health, & Wellness
Adults & Seniors | Sessions 2-9 (no class July 4)
Thursdays 6:00-7:00pm | $140 for the 7-week session
Instructor: CrossFit New Albany Staff
To help adults find relief from aging. Many of us have aches, pains, high blood pressure, allergies because of our jobs, stress and years of neglecting our overall health. This program will focus on the basics of making healthy changes and turning them into habits. Nutrition, flexibility and functional movements will make up this class. A towel and water bottle are recommended along with comfortable clothes and shoes.

FRIDAYS

The Eiffel Tower and YOU!
Adults & Seniors | Sessions 2-9
Fridays 6:00-7:00pm | $160 for the 8-week session
Instructor: Carolyn Jones
Have you always wanted to learn French or improve your knowledge of the French language? Now’s your time! Through fun, interactive activities, including songs, skits, games and videos, you will learn to confidently pronounce, read, write and comprehend simple words and phrases in this beautiful language.

SATURDAYS

COSI’s Grown Up Summer Science
Adults & Seniors | Sessions 2-9
Saturdays 9:00-10:00am | $160 for the 8-week session
Instructor: COSI Staff
You’re never too old to try something new! COSI’s new Grown-Up Summer Science series is tailored just for adults, inviting you to explore new ideas with unforgettable new experiences each week. We’ll tackle engineering challenges, practice programming, and even get up-close with dissections as we explore science, technology, and industry learning. And since it’s COSI, it’s always hands-on!

CONTACT INFORMATION
Summer Experience..............................614-509-2267
Director.................................................614-509-2529
Assistant...............................................614-509-2247
Before/After Care.................................614-509-2240
Summer Experience Fax .........................614-475-0396
Email ......Summer_Experience@columbusacademy.org
Director’s Email..............KingA@columbusacademy.org
Notes
COLUMBUS ACADEMY 2019 SUMMER EXPERIENCE
FAMILY DIVISION REGISTRATION FORM

Adult Information
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*Registration confirmations and other important information will be sent to this e-mail address.

Child Information (if applicable)
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DENOTES SENSORY SENSITIVE FRIENDLY CLASSES - please see page 64 for more information.

### Tuesdays

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<th>Program</th>
<th>Ages</th>
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<tbody>
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<td>Adult &amp; Senior</td>
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<td>Tumble with Me</td>
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Please see class descriptions for specific class dates

Total Amount $

### Wednesdays

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<td>Digi's Step Into Science</td>
<td>18 months to 4 years</td>
<td>10:30-11:30am</td>
<td>$160.00 8-Week</td>
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<td>Moving and Learning Together</td>
<td>Ages 7 &amp; up</td>
<td>5:30-6:30pm</td>
<td>$160.00 8-Week</td>
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<td>Business Start Up 101</td>
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<td>Make Together</td>
<td>Birth to 5 years</td>
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Please see class descriptions for specific class dates

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### Fridays

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<td>Make Memories with Me</td>
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<tr>
<td>Cooking Up Memories in the Kitchen</td>
<td>Grades 1-5</td>
<td>4:30-6:30pm</td>
<td>$240.00</td>
<td>8</td>
</tr>
<tr>
<td>The Eiffel Tower and YOU!</td>
<td>Adult/Senior</td>
<td>6:00-7:00pm</td>
<td>$160.00</td>
<td>8</td>
</tr>
</tbody>
</table>

Please see class descriptions for specific class dates

### Saturdays

<table>
<thead>
<tr>
<th>Program</th>
<th>Ages</th>
<th>Time</th>
<th>Fees</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore With Me</td>
<td>Birth to 3 years</td>
<td>10:30-11:30am</td>
<td>$160.00</td>
<td>8</td>
</tr>
<tr>
<td>Grown Up &amp; Child</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult &amp; Senior</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Swin with Me</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gotta Sing! Gotta Dance!</td>
<td>Grades K-3</td>
<td>9:30-10:30am</td>
<td>$160.00</td>
<td>8</td>
</tr>
<tr>
<td>COSy's Grown Up Summer Science</td>
<td>Adult/Senior</td>
<td>9:00-10:00am</td>
<td>$160.00</td>
<td>8</td>
</tr>
</tbody>
</table>

Please see class descriptions for specific class dates

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**GRAND TOTAL** $