

CHILDREN AND ADOLESCENT RESOURCES

Central Ohio Resources

Children's Hospital Behavioral Health Services
899 E. Broad St., 3rd floor, Columbus, OH 43205-1156
614-221-9922
614-222-1999 (Intake phone number for all services and locations)
www.childrencolumbus.org

Ohio State University Wexner Medical
Division of Child and Adolescent Psychiatry
OSU Harding Hospital
1670 Upham Drive
Columbus, OH 43210
Phone: 614-293-8283
http://psychiatry.osu.edu/about/child_adolescent/

Mental Health America of Franklin County
538 E. Town St., Ste. D, Columbus, OH 43215-4835
614-221-1441
614-242-4357 (Ombudsman phone)
info@mhafc.org
www.mhafc.org

NAMI Franklin County
4100 N. High St., Suite 103, Columbus, OH 43214,
614-262-0114
www.namiohio.org

Books

Best Friends, Worst Enemies, Understanding the Social Lives of Children, Michael Thompson, Ph.D., Catherine O'Neill Grace

The Blessings of a B-, Wendy Mogel Ph.D.

Blessing of a Skinned Knee, Wendy Mogel Ph.D.

Curse of the Good Girl, Raising Authentic Girls with Courage and Confidence, Rachel Simmons

Enjoy Your Middle Schooler, Wayne Rice

Get Out of My Life, but First Could You Drive Me & Cheryl to the Mall: A Parent's Guide to the New Teenager, Revised and Updated, Anthony Wolf

Good Kids, Tough Choices, How Parents Can Help Their Children Do the Right Thing, Rushworth Kidder

Homework Without Tears, Lee Canter and Lee Hausner, PhD

How Children Succeed, Paul Tough

Middle School and the Age of Adjustment: A Guide for Parents, Eileen Bernstein

Not Much Just Chillin', Linda Perlstein

No: Why Kids – of All Ages – Need to Hear It and Ways Parents Can Say It, David Walsh

Parenting Preteens with a Purpose: Navigating the Middle Years, Kate Thomsen, M.S., C.A.S

Price of Privilege: How Parental Pressure and Material Advantage are Creating a Generation of Disconnected and Unhappy Kids, Madeline Levine

Smart but Scattered, Peg Dawson, Ed.D., and Richard Guare, Ph.D.

Real Boys, Rescuing our Sons from the Myths of Boyhood, William Pollack

Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents, Russell Barkley, Ph.D.

The Explosive Child, Ross Greene, Ph.D.

The Roller-Coaster Years: Raising Your Child Through the Maddening Yet Magical Middle School Years, Charlene C. Giannetti and Margaret Sagarese

Whose Game Is It, Anyway? A Guide to Helping Your Child Get the Most from Sports, Organized by Age and Stage, Amy Baltzell, Richard D. Ginsburg, Steven Durant

Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen, David Walsh and Nat Bennett

Your Defiant Teen, Russell Barkley and Arthur Robin

Your Defiant Child: Eight Steps to Better Behavior, Russell Barkley and Christine Benton

Websites

American Psychological Association (<http://www.apa.org>)

National Association of School Psychologists (<http://www.nasponline.org>)

Ohio Psychological Association (<http://www.ohpsych.org>)

Child Development Institute (<http://childdevelopmentinfo.com>)

ParentFurther, a Search Institute Resource for Families (<http://www.parentfurther.com>)