



FEBRUARY

LEADERSHIP: TAKE INITIATIVE



Hello Parents and Caregivers,

February and March Let Grow themes are all about **leadership**. This month, your child chooses a project that gets them stepping into the role of leader by **taking initiative** and getting things started!

Leadership can happen in so many different contexts - on the sports field, at home around family, around your friends, in a public setting, or even in how one chooses to interact online. **Taking initiative** can be as simple as inviting a new friend to join you at recess, emptying the dishwasher without being asked (one can hope, right?), or rounding up your friends for an epic game of tag or flag football. For kids who are feeling entrepreneurial, it might look like setting up a lemonade stand or hot cocoa stand.

Notice how your child's sense of confidence and capability grows as they explore the role of leader!

SCAN ME!



Project Ideas List

What's Next?

1. **Let your child take the lead in planning.** They will complete their own planning sections. Use [this month's Project Ideas List](#) or help them come up with their own idea.
2. **Project time!** Step back, so your child can step up. Leave the room to avoid your child feeling pressured, and resist any temptation to jump in, or to help or supervise. Remember, letting go is an act of bravery!
3. **How did it go?** Your child will answer reflection questions on their page, and you should also think about your experience.
 - How did it feel to step back and let go this time? Easier or harder?
 - Did you learn anything new about your child or yourself?
 - Have you noticed any behavior or attitude changes in your child after doing a couple Let Grow Projects?



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PLANNING

Hello Students!

It's time to plan your next project and try it out.

Try out the role of leader by **taking initiative** and getting things started! Start something! Take a look at this month's project ideas list for inspiration. Whether it's play, sports, just hanging out, or starting up your latest business idea, you get to choose how to lead and get things going!



What did you do for your project last time?



What do you think you can do this time? Write down your ideas to share with your parent.

Decide your project and write it here:

- **When** will you do it?
- **What** materials will you need, if any?
- **What-if** something seems too hard or goes wrong? How will you handle it?

DOING



How did it go? What was hard? What was easy or fun?

What did you learn about yourself?



Now go ahead and celebrate your growing independence! Woohoo!