



# Columbus Academy

Dear 3-Year-Old and PreK Families,

Enclosed you will find health forms and health information for the new school year. Please take time to complete the forms and return them no later than the first day of school. These forms are mandatory for your child's admission to the Columbus Academy 3YO and PreK programs.

## **1) Emergency Medical Authorization Form**

This form is used whenever a student has a health concern at school. **State law requires that each student have this form on file yearly.** It is important that you include telephone numbers to contact you in an emergency. Also, please include names and telephone numbers of individuals who can be contacted if you are unavailable. Consent for medical treatment covers only an emergency as determined by emergency medical services. It does not mean that you are consenting for routine care.

## **2) Health History Form**

The Physical exam section must be signed and dated by your child's pediatrician. The date of the physical exam is required by state law and is only good for one year. If your child's yearly exam falls in the middle of the school year, you will need to provide that information to the school nurse. Some students have special health needs that require accommodations in school or a plan in the event of an emergency. If your child has a known health condition, please contact the school nurse to discuss a plan in the case of an emergency. Medical information will be kept confidential at your request. **All students in Ohio are required to have up-to-date immunizations documented to attend school.**

## **3) Authorization for Over-the-Counter Medications Form**

This form allows the school nurses to administer non-prescription medications at school. Any other nonprescription medications not listed may be sent in to the school nurse in the original container with written instructions.

**Prescription medications** may also be administered on a daily or temporary basis at school. All prescription medications, including inhalers, must be accompanied by a signed authorization from the health care provider. Medications must be in the original container with a clearly marked label. Please contact the school nurse for the appropriate forms.

**Screening** for vision and hearing will be done for PreK students as mandated by the state. If any problems are identified, parents will be notified. Students who wear corrective lenses should have them at school.

**Illness in School.** If your child is sick in the morning or has a fever, please do not send him/her to school. Also, children should be fever-free for 24 hours before returning to school. Please notify the school nurse if your child becomes ill with a communicable disease. **Student absences should be reported to the Lower School Office at 614-509-2258.**

Please contact us at any time to discuss any health care issues or concerns.

Beckie Hoagland, RN, BRN, LSN  
School Nurse  
HoaglandB@columbusacademy.org  
614-509-2234

Janet Fireman, RN, BSN, LSN  
School Nurse  
FiremanJ@columbusacademy.org  
614-509-2234

Please return completed form to:

Columbus Academy  
Nurses  
4300 Cherry Bottom Rd  
Gahanna OH 43230

Columbus Academy  
Health History for 3YO Program and Pre-Kindergarten  
Confidential

Child's Name \_\_\_\_\_ Date \_\_\_\_\_  
Birth Date \_\_\_\_\_ Sex: \_\_\_\_\_ male \_\_\_\_\_ female  
Name of Parent/Guardian \_\_\_\_\_  
Name of Parent/Guardian \_\_\_\_\_

**Immunization Record**-please list the month/day/year or attach separate sheet

DPT \_\_\_\_\_  
Polio \_\_\_\_\_  
MMR \_\_\_\_\_  
Hib \_\_\_\_\_  
HEP B \_\_\_\_\_  
Varivax \_\_\_\_\_

**Physical Exam** (to be completed by child's physician)

HT \_\_\_\_\_ WT \_\_\_\_\_  
Please list any abnormal findings: \_\_\_\_\_

Is there any reason this student cannot participate in a full program of school activities?

Yes or No If yes, please explain. \_\_\_\_\_

The above child has been examined and has been found to be free of infections or contagious disease.

Physician's Name (please print) \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date of exam \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

**(Students in 3YO program and pre-kindergarten must have physical exam documented every 12 months)**

Below is a list of medical questions that are asked for the purpose of assisting your child with any educational needs due to a health condition. This information is kept confidential in the nurses' office. If you would prefer to discuss your child's medical history please notify Beckie Hoagland RN BSN, School Nurse at 509-2234.

**Perinatal History**

Did the mother have any complications during pregnancy or birth? \_\_\_\_\_yes \_\_\_\_\_no

If yes, explain: \_\_\_\_\_

How old was the mother when the child was born? \_\_\_\_\_

Was the infant born: \_\_\_\_\_full term \_\_\_\_\_early \_\_\_\_\_late Birth weight \_\_\_\_\_

Did the infant have any problems while in the nursery? \_\_\_\_\_yes \_\_\_\_\_no

If yes, explain: \_\_\_\_\_

**Developmental History**

Please give the approximate age at which this child: walked alone \_\_\_\_\_

was toilet trained \_\_\_\_\_ spoke in sentences \_\_\_\_\_ dressed self \_\_\_\_\_

How does this child's development compare to other children, such as brothers/sisters or playmates? \_\_\_\_\_ about the same \_\_\_\_\_ slower \_\_\_\_\_ faster

This child is usually: \_\_\_\_\_ very active \_\_\_\_\_ normally active \_\_\_\_\_ rather inactive

**Family History**

Please list the child's brothers and sisters

1. \_\_\_\_\_ birth year \_\_\_\_\_ sex \_\_\_\_\_

2. \_\_\_\_\_ birth year \_\_\_\_\_ sex \_\_\_\_\_

3. \_\_\_\_\_ birth year \_\_\_\_\_ sex \_\_\_\_\_

4. \_\_\_\_\_ birth year \_\_\_\_\_ sex \_\_\_\_\_

**Health Conditions**

Please check any that this child has:

\_\_\_ Abnormal Spinal curvature

\_\_\_ Allergies

\_\_\_ Anemia

\_\_\_ Asthma

\_\_\_ Bedwetting

\_\_\_ Behavior problems

\_\_\_ Birth or congenital malformation

\_\_\_ Bleeding disorder

\_\_\_ Cancer

\_\_\_ Chicken pox

\_\_\_ Chronic diarrhea or constipation

\_\_\_ Cystic Fibrosis

\_\_\_ Diabetes

\_\_\_ Eating disorder, obesity

\_\_\_ Eczema

\_\_\_ Emotional problems

\_\_\_ Frequent ear infections

\_\_\_ Frequent headaches

\_\_\_ Frequent sore throats

\_\_\_ Hearing loss

\_\_\_ Heart condition

\_\_\_ Kidney disease

\_\_\_ Nervous twitches or tics

\_\_\_ Seizures

\_\_\_ Stool soiling

\_\_\_ Vision loss

\_\_\_ Wetting during day

Other \_\_\_\_\_

Please explain the above: \_\_\_\_\_

Please list any severe injuries or other illnesses: \_\_\_\_\_

**Additional Information**

What medications are given daily? \_\_\_\_\_

What medications will need to be given at school? \_\_\_\_\_

(Required forms available in nurses' office)

Does your child carry an inhaler? \_\_\_\_\_

(Required forms available in nurses' office)

The space below is provided for you to list any additional information concerning your child's health, medical conditions, or home life of which the school staff should be aware.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature Date

## Parent's Authorization for Dispensing Over-The-Counter Medications

Student's Name \_\_\_\_\_

Columbus Academy has the following medications available for dispensing to students by the school nurse as needed. In order for the student to receive these, a parent must provide written consent.

\_\_\_\_\_ Acetaminophen (Tylenol)-liquid, chewable, and tablet

\_\_\_\_\_ Ibuprofen (Advil, Motrin)-liquid, chewable, and tablet

\_\_\_\_\_ Tums tablets (antacid)

\_\_\_\_\_ Maalox (antacid)

\_\_\_\_\_ Benadryl (antihistamine)-liquid and tablet

\_\_\_\_\_ Claritin (antihistamine)-liquid

\_\_\_\_\_ Neosporin (triple antibiotic ointment)

\_\_\_\_\_ Caladryl lotion (topical analgesic)

\_\_\_\_\_ Calamine lotion (skin protectant)

\_\_\_\_\_ 1% Hydrocortisone cream

\_\_\_\_\_ Benadryl Spray (topical anesthetic)

\_\_\_\_\_ Sudafed (decongestant)-age 6 and over

\_\_\_\_\_ Mucinex (decongestant)-liquid

\_\_\_\_\_ Cough drops

Additional information or directions for the use of the above medications:

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I give permission for my child to receive the medications checked above as administered by the school nurse or her designate.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Student _____	Grade _____	Birth Date ____/____/____
Address _____		Phone _____

As the parent/guardian of the above named student, I hereby acknowledge my understanding that off campus travel, including in some cases, overnight stays, is an important part of the educational and athletic programs of the school, and that such travel for educational or athletic programs or events may be by one or more contract buses, school vans or by private vehicle driven by a school employee or by a parent volunteer. The school shall notify me before any such off campus travel is undertaken and shall provide me with details of such travel, including the purpose of such travel, a schedule of events including times of departure, arrival and return, and mode of travel. I hereby authorize my child to participate in such trips during the current school year, and I release and forever discharge The Columbus Academy and its trustees, employees, agents, their heirs, successors and assigns, either jointly or severally, from any and all claims, damages, obligations, causes of actions or suits, resulting from bodily injury to my child or damage to or loss of my child's property arising from participation in such travel.

Parent/Guardian Signature _____	Parent/Guardian Signature _____	Date _____
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**Residential Parents/Guardians:**

Name _____	Daytime phone _____	Cell phone or pager _____
Name _____	Daytime phone _____	Cell phone or pager _____

**Other Persons with authorization to consent for care:**

Name _____	Daytime phone _____	Cell phone or pager _____
Address _____	Relationship _____	
Name _____	Daytime phone _____	Cell phone or pager _____
Address _____	Relationship _____	

<b>Insurance Information</b>	
Insurance Co. _____	Phone _____ Policy Holder _____ Policy/Group # _____

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Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_