



*We are pleased to welcome Dr. Tal Ben-Shahar as this year's Celebration of Leadership speaker. His focus on emotional and physical well-being supports our school's attention this year to advancing the third goal of our Strategic Vision: student flourishing.*

Author and lecturer Tal Ben-Shahar taught two of the most popular classes in Harvard University's history: Positive Psychology and Psychology of Leadership. Today, Tal consults and lectures around the world to executives in multi-national corporations, the general public, and at-risk populations on the topics of leadership, happiness, education, innovation, ethics, self-esteem, resilience, goal setting and mindfulness.

His many books, including *Happier* and *The Joy of Leadership*, have been translated into more than 25 languages and appeared on international best-sellers lists. A serial entrepreneur, Tal is the co-founder and chief learning officer of Happiness Studies Academy, Potentiallife, Maytiv, and Happier.TV. He earned his Ph.D. in Organizational Behavior and B.A. in Philosophy and Psychology from Harvard. An avid sportsman, Tal won the U.S. Intercollegiate and Israeli National squash championships. Today, for exercise, he swims, dances, and practices yoga.