2023-24 AFTER SCHOOL
ENRICHMENT GUIDE
...after the school day ends

SPECIAL PROGRAMS
ATHLETICS
MIDDLE SCHOOL
Dear Columbus Academy Families,

Another school year is ahead of us, and with all the excitement of a fresh start, comes the need for planning ahead. By creating this Enrichment Guide, which details all after school offerings for the entire school year of 2023-24, we want to give you a tool for informed decision making when planning your after-school activities for the year. Whether you want to take part in one, two, or all three seasons of After School Activities (ASA), Jr. Vikings Sports Clinics, youth sports teams, or Middle School Clubs, this guide will give you the full schedule of options when you are making your Fall, Winter, and Spring extracurricular choices. This guide is designed to help you plan ahead and give your children a diverse collection of activities...

... after the school day ends.
Meet your Special Programs Team!

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CASE

Columbus Academy’s Children’s After School Experience (CASE) is a childcare program which provides a safe, supervised environment for CA students during the transitional time between the school day and the evening at home. CASE is offered for our lower-schoolers (Explorers-grade 5) and middle schoolers (grades 6-8) Monday-Friday from 3:15-6:00 p.m. on the days school is in session.

For safety, any child (Explorers - 8th grade) on campus after the school day is over at 3:15 pm, who is not in a school sport or other supervised activity, must attend CASE and pre-registration is required. Children who miss the bus are sent to the Lower School office. Quarter dates and rates are as follows:

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Dates</th>
<th>5 days per week</th>
<th>Daily drop-in rate</th>
<th>Daily drop-in rate after specified programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st quarter</td>
<td>August 22 - October 24</td>
<td>$1035.00 per quarter</td>
<td>$27.50 per day</td>
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<tr>
<td>2nd quarter</td>
<td>October 25 - January 12</td>
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<td>3rd quarter</td>
<td>January 16 - March 15</td>
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<td>4th quarter</td>
<td>April 1 - May 30</td>
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For more CASE information and registration, please visit: www.columbusacademy.org/case

ASA

After School Activities (ASA) are also offered during CASE with several different programs available. Each activity runs from 3:30-4:30 p.m., unless otherwise noted, with a new schedule of programs made available each season (fall, winter, spring).

ASA registration and payment through our registration system (CampBrain) is required for enrollment in
ASA programs. Classes must reach the minimum number for enrollment or will be canceled and fees will be refunded. No refunds will be issued after the start date.

**Why do we offer ASA programming?**

This program is more than just offering activities for students after school. It’s about giving children the opportunity to explore their interests, discover what they are passionate about, and learn more about themselves in a safe and nurturing environment with people they can trust. We want to offer classes that can meet children where they are now in their knowledge/interest base, and then expand upon that by showing them different perspectives, through new and creative ways of looking at what they are learning. We want to help build children up and meet their needs as a whole person.

**Logistical Details**

We employ current CA Faculty and Staff members as well as highly qualified outside sources as teachers for ASAs. Participants meet in the Schoedinger Theatre lobby directly after school dismissal, where they are given a snack before being picked up by their instructor at 3:30pm. When programming ends at 4:30pm, they must be picked-up by someone on their authorized pick-up list. This takes place in the ASA carpool located at the front of the Lower School. If students are not picked up by 4:45pm, they will be checked into C.A.S.E. at the $14.50 partial day drop-in rate if they are pre-registered for C.A.S.E. Parents must inform their child’s classroom teacher of their ASA registration to ensure the child is sent to the proper after school location.

### FALL ASA 2023

<table>
<thead>
<tr>
<th>Mondays</th>
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</tr>
</thead>
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<tr>
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<td>Mindfulness &amp; Movement grades 2-5</td>
<td>Chess Kings &amp; Queens grades 3-5</td>
<td>Mountain Biking Club grades 3-5</td>
<td>Exciting Explorations with Art grades 3-5</td>
</tr>
<tr>
<td>Robotics &amp; Coding grades 3-5</td>
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[AFTERSCHOOLACTIVITIES.CAMPBRAINREGISTRATION.COM](AFTERSCHOOLACTIVITIES.CAMPBRAINREGISTRATION.COM)

*ACH or paper check/cash payments only. Credit cards payment is not available at this time.*

Questions? Contact us! (614) 509-2267 | programs@columbusacademy.org
Fall ASA Offerings

MONDAYS - Sept. 11, 18, 25 Oct. 2, 9, 16, 23, 30

**SoccerTots**
Grades: EXP-PK | $160 (8 classes)
Instructor: SuperTots

This class uses a variety of props and games to engage children in participation activities. We measure progress by repeating games but change the theme to keep the games fresh and fun. Games include gross motor skills such as kicking, running, and stopping the soccer ball, as well as defense and foot skills. Other skills include learning how to follow multi-step directions and independence.

**Cooking Around the World**
Grades: K-2 | $160 (8 classes)
Instructor: VAC (Vineyard App Camp)

*Note: food sensitivities*

Do you love to cook? Want to know more recipes? In this unique cooking camp for young kids, students will learn all about food from around the world in the course of a few days: how to make it, how to make it safely, and how to make it well! You'll learn about food safety, meet new friends, and cook some (oven-less) recipes from different countries. Everything we cook will be easy to make and suitable for after-school cooking, including finger-foods from Africa, Asia, Europe, and South America. 

Please note: this is a simple, microwave camp for younger students. Recipes include: Italian Lasagna, Fufu (Ghanaian Dumplings), Japanese Rice Ball Sandwiches (eg Nigiri), Mexican Quesadilla, American Mug Cake, Chinese Chaofan, French Fondué*

**Nerf it Up!**
Grades: 3-5 | $160 (8 classes)
Instructor: JumpBunch

Why Nerf? Because your kids love NERF blaster games and battles and because you love it when your kids get exercise and make new friends! Weekly classes will improve your child's speed, quickness, endurance and agility. Each lesson includes warm up activities, sportsmanship lessons, and various nerf blaster games such as "storm the fort," "king of the hill," and more. Nerf blasters, darts, and eye protection will be provided and returned to JumpBunch at the end of the program. Participants will be required to wear provided eye protection at all times during game play. To ensure fair play, participants will not be permitted to provide their own blaster(s) or darts.

TUESDAYS - Sept. 12, 19, 26, Oct. 3, 10, 17, 24, 31

**Storytime Adventures**
Grades: EXP-PK | $160 (8 classes)
Instructor: April Mealick

Join us each week as we enjoy a fun book, then dive into hands-on activities related to the story. From cooking to crafting to outdoor exploration, you never know where our story will take us! Read the story, then make it, see it, do it, and recreate it with fun, engaging, and age-appropriate themed activities.

**Amazing Athletes**
Grades: K-2 | $160 (8 classes)
Instructor: JumpBunch

Amazing Athletes is a developmental physical fitness program for children. Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity!

**Mindfulness & Movement**
Grades: 2-5 | $190 (8 classes)
Instructor: Bright Yogis

Bright Yogis offers a unique program combining yoga and mindfulness practices for children. We are empowering and inspiring young minds and bodies with:

*Enhancement of Physical Strength & Flexibility for health & Sport
*Strengthening of the Mind-Body Connection
*Refinement of Balance & Coordination
*Development of Focus & Concentration
*Boosting of Self-Esteem & Confidence
*Nurturing the Power to Self-regulate & Relax

**Robotics & Coding**
Grades: 3-5 | $160 (8 classes)
Instructor: Stemtree of New Albany

Join us for hands-on, interactive fun with coding, robotics, and science activities! Children will explore the wonders of science and boost their technology skills through hands-on activities! All materials will be provided by Stemtree, so all you need to do is bring your thinking cap and show up to have fun and learn some STEM related skills.

**WEDNESDAYS - Sept. 13, 20, 27, Oct. 4, 11, 18, 25, Nov. 1**

**Tiny Picassos**
Grades: EXP-PK | $160 (8 classes)
Instructor: Sarah Penney

Are you creative? Do you enjoy playing with different materials and mediums to create art? Then this is the class for you! We will play and create with items from nature, recycled materials and more to make artwork together. Some sessions will have an end product to bring home, but other sessions will be process art fun! Join me, Tiny Picassos!

**SoccerTots**
Grades: K-2 | $160 (8 classes)
Instructor: SuperTots

This is the first program where the children are expected to participate in activities without assistance from parents. The class uses a variety of props and games to engage children in participation activities. We measure progress by repeating games but change the theme to keep the games fresh and fun. Games include gross motor skills such as kicking, running, and stopping the soccer ball, as well as defense and foot skills. Other skills include learning how to follow multi-step directions and independence.

**Chess Kings and Queens**
Grades: 3-5 | $190 (8 classes)
Instructor: Kyle Jones USCF CM

Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

**THURSDAYS - Sept. 14, 21, 28, Oct. 5, 12, 26 (no class Oct.19, Nov. 2)**

**Sports, Smiles, Fitness and Fun**
Grades: EXP-PK | $120 (6 classes)
Instructor: JumpBunch

Your little one needs to get moving and you need a program just right for their size. Enter JumpBunch. Weekly JumpBunch classes begin with child-friendly warm ups and exercises. The class "Coach" will then introduce participants to

*Nurturing the Power to Self-regulate & Relax
*Boosting of Self-Esteem & Confidence
*Development of Focus & Concentration
*Refinement of Balance & Coordination
*Enhancement of Physical Strength & Flexibility for health & Sport
individual skills, equipment and simple rules of a different sports/fitness activity each week. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session!

**Awesome Art Explorations**  
Grades: K-2 | $120 (6 classes)  
Instructor: Kelly Black  
This will be a time for pure creative fun exploring different art mediums and tools! Participants will be encouraged to experiment with paint, clay, fabric, paper, and a variety of random supplies to get messy, use their imagination, develop their creative style, and have fun with art! Activities will explore 2D and 3D art, not always creating a final product as a goal, but instead working to inspire exploration and nurture creativity. Things might get messy, so students can plan to bring an art smock if they would like.

**Mountain Biking Club**  
Grades: 3-5 | $220 (6 classes)  
Instructor: Grace Gordon and Lindy Newman  
Come join an encouraging community of bike riders and grow your mountain biking skills! We will spend our time together learning the foundational skills of mountain biking and exploring the trails around CA's beautiful campus! The goal is to foster self confidence while on a bike on the trail. Your child must have a two wheel bike they feel comfortable and confident riding. All bikes need to have brakes located on the handlebars (no pedal brakes) and be in good working condition. Bikers will be required to wear a well fitting helmet at all times when they are on their bike. The bikes will need to be dropped off at the Lower School carpool circle (near Athletics) every Thursday morning and then picked up after the ASA each Thursday. We look forward to creating a community of confident mountain bike riders with your child.

**FRIDAYS - Sept. 15, 22, 29, Oct. 13, 27**

**Royalty Music Rehearsal**  
Grades: EXP-PK | $100 (5 classes)  
Instructor: Hunter Minor  
Learn to sing like your favorite kings and queens!!! We will be Letting It Go, and Showing Ourselves as we harness our inner Prince and Princess vocals. From warming up, to stage presence, to hitting the high notes, these young Lords and Ladies will make their way through the Royal Music Canon culminating in a Royal Ball Showcase of their music.

**Chess Kings and Queens**  
Grades: K-2 | $120 (5 classes)  
Instructor: Kyle Jones USCF CM  
Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

**Exciting Explorations with Art**  
Grades: 3-5 | $100 (5 classes)  
Instructor: Kelly Black  
Do you like to be creative and maybe get a little messy? Would you enjoy spending time working with different art mediums? Join us on Fridays for a variety of 2-D and 3-D projects using different mediums, and artistic goals. If you like experimenting with paint, clay, fabric, paper, and a variety of random supplies then you must do this ASA! Be prepared to get messy, use your imagination, develop your creative style, and have fun with art!
## WINTER ASA 2024

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<td>Robotics &amp; Coding grades 3-5</td>
<td>Nerf it Up! grades 3-5</td>
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Winter ASA registration opens on Wednesday, December 13th at 9am with classes starting the week of January 16th. Registration/ Cancellation deadline is Tuesday, January 9th.

**AFTERSCHOOLACTIVITIES.CAMPBRAINREGISTRATION.COM**

ACH or paper check/cash payments only. Credit cards payment is not available at this time.

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**SPECIAL PROGRAMS CONTACT INFO**

Special Programs Office ................................. 614-509-2267  
Director, Alyssa King .................................. 614-509-2529  
Program Coordinator .................................... 614-509-2247  
C.A.S.E. Desk ............................................ 614-509-2240  
CA Nurse .................................................. 614-496-9591  
Email ................................ Programs@columbusacademy.org  
Director’s Email ........................... KingA@columbusacademy.org
Winter ASA Offerings

MONDAYS - Jan. 22, 29 Feb. 5, 12, 26, March 4 (no class Jan. 15, Feb. 19)

**Golf Tots**
Grades: EXP-PK | $120 (6 classes)
Instructor: SuperTots
All golf instruction will be simplified to the 4 basic golf shots: putt, chip, pitch, and full swing. Color coded age appropriate equipment will be provided. Golf skills will be taught to the children through fun team-oriented relay races and games, as well as through other sports. Our goal is to associate “golf” with “fun” in a child’s mind, so we have the best chance to create a golfer for life.

**Yoga**
Grades: K-2 | $120 (6 classes)
Instructor: The Balanced Child Method
This themed yoga class is the perfect way to learn how to incorporate yoga, breath and mindfulness into your everyday life. Youth not only learn yoga poses and stretching but ways to cope with anxiety, stress and other life challenges. This class leaves your kid refreshed, refocused and re-energized. Perfect for all experience and activity levels. Will also do poses and stretching great for student athletes to help with injury prevention and overall performance.

**Graphic Design**
Grades: 3-5 | $120 (6 classes)
Instructor: VAC (vineyard app camp)
Interested in drawing, art, or design? In this class, you'll learn how to use your doodling skills for real, by doing design projects for local nonprofits or small businesses. You will learn how to make professional posters and art that people want to pay for, and you’ll ultimately design posters and ads for real organizations with good causes. Our students’ work has been used in ads and online Instagrams posts by the Special Olympics, Martha’s Kitchen, and local shelters.

TUESDAYS - Jan. 16, 23, 30 Feb. 6, 13, 20, 27, March 5

**Superhero Bootcamp**
Grades: EXP-PK | $160 (8 classes)
Instructor: JumpBunch
This class is all about training to be your favorite superhero! To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as “jumping over hot lava,” “dodging fireballs,” “lightsaber training,” “scooter flying,” “ghostbuster tag,” and so many more! Being a superhero also means having compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss with our superkids. This program encourages campers to be a superhero in everyday life!

** Weird Nature Science**
Grades: K-2 | $160 (8 classes)
Instructor: VAC (vineyard app camp)
Have you ever wanted to be a scientist? Or to increase your understanding of the natural world? Well, you're in luck! In this class, we'll be learning about physics and the natural world through fun, easy science experiments that you can take home. We’ll learn about states of matter through building volcanos; we’ll learn about sound through creating ‘naturally occurring’ speakers. Along the way, we’ll be taking our experiments outside in order to improve the environment at our school by planting simple gardens and making bird feeders. It’s the perfect club if you love science, nature, engineering, or just making things blow up.

**Mindfulness & Movement**
Grades: 2-5 | $190 (8 classes)
Instructor: Bright Yogis
Bright Yogis offers a unique program combining yoga and mindfulness practices for children. We are empowering and inspiring young minds and bodies with:
- Enhancement of Physical Strength & Flexibility for health & Sport
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WEDNESDAYS - Jan. 17, 24, 31 Feb. 7, 14, 21, 28, March 6

**Tiny Picassos**
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Instructor: Sarah Penney
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**GolfTots**
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**Chess Kings and Queens**
Grades: K-5 | $190 (8 classes)
Instructor: Kyle Jones USCF CM
Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

THURSDAYS - Jan. 18, 25 Feb. 1, 8, 15, 22, 29 (no class March 7)

**Storybook Crafts**
Grades: EXP-PK | $140 (7 classes)
Instructor: Molly Murphy
Do you love reading picture books and bringing the pages to life? In this class, we will read books from famous children’s authors and create crafts and do activities to support the stories. This is a fun way for students to experience wonderful stories on an enriching level!
Super STEAM Solvers  
Grades: K-2 | $140 (7 classes)  
Instructor: Kelly Black  
STEAM stands for – science, technology, engineering, art, and mathematics. Participants will use innovation to explore different solutions to a problem and ultimately solve it through both independence and teamwork depending on the task. Each week there will be a new problem to solve, but no matter what there is sure to be lots of deep thinking, perseverance, and fun!

Theatre & Improv  
Grades: 2-5 | $140 (7 classes)  
Instructor: VAC (vineyard app camp)  
Do you love acting and want to learn how to improvise like a pro? Our Theater and Improv (Yes And) class is the perfect place to start! In this course, students will explore the fundamentals of improvisational theater and learn how to think on their feet. You’ll develop your acting skills through fun exercises and games, as well as learn the art of “Yes And” – a technique that encourages collaboration and creativity. Whether you’re a seasoned actor or a beginner, this class will help you develop your confidence and creativity on stage. We’ll also get to do some stage design. No previous experience is necessary – just bring your willingness to play and have fun!

Nerf it Up!  
Grades: 3-5 | $140 (7 classes)  
Instructor: JumpBunch  
Why Nerf? Because your kids love NERF blaster games and battles and because you love it when your kids get exercise and make new friends! Weekly classes will improve your child’s speed, quickness, endurance and agility. Each lesson includes warm up activities, sportsmanship lessons, and various nerf blaster games such as “storm the fort,” “king of the hill,” and more. Nerf blasters, darts, and eye protection will be provided and returned to JumpBunch at the end of the program. Participants will be required to wear provided eye protection at all times during game play. To ensure fair play, participants will not be permitted to provide their own blaster(s) or darts.

Chefs in Training  
Grades: EXP-PK | $140 (7 classes)  
Instructor: April Mealick  
Each week we will head to the kitchen to create a simple and yummy snack. While exploring different kitchen tools and practicing measuring, pouring and mixing, this camp allows even our youngest students to be chefs in training.

Chess Kings and Queens  
Grades: K-2 | $170 (7 classes)  
Instructor: Kyle Jones USCF CM  
Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

Creative STEAM Challenges  
Grades: 2-5 | $140 (7 classes)  
Instructor: Kelly Black  
Do you like to solve problems and be challenged to explore different solutions? Each week will focus on a different problem to solve, using activities that follow the STEAM philosophy. STEAM stands for – science, technology, engineering, art, and Mathematics and involves hands-on activities that encourage children to ask questions, embrace failure, and be creative.

SPECIAL FEATURES

Homework Club  
Tuesdays, Wednesdays, and Thursdays, 3:30-4:30p, beginning Sept. 12th  
Grades: 2-5 | $8 per day  
Instructor: Donna Saide  
This quiet environment provides the opportunity to complete homework and get support from a CA faculty/staff member.

SWIM LESSONS
Offered By:
Greater Columbus Swim Team of Ohio

2023 FALL SESSION 1
Weekends: Sept 9 – Oct 15
Saturdays, 11:30a – 2:15p
Sundays, 2:30p – 6:10p
Come join us for fun & engaging lessons for all swim levels! Students start by learning basic safety skills, and as they progress, they will be introduced to competitive swimming fundamentals and even have the option to join the swim team! Classes are located at the Columbus Academy in Gahanna

Contact Information:
Katie Goggin, Lessons Director  
614-632-5633  
GCSTOswimlessons@gmail.com

Classes available for preschool to adult students, ranging in abilities from Beginner to Advanced/Pre-Competitive.

Visit www.GCSTO.com and click on the “Swim Lesson” menu!
<table>
<thead>
<tr>
<th>Mondays</th>
<th>Tuesdays</th>
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<tr>
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<td>Introductory Spanish grades EXP-PK</td>
<td>BaseballTots grades EXP-PK</td>
<td>Sports, Smiles, Fitness &amp; Fun grades EXP-PK</td>
<td>Real Life Fairy Tales grades EXP-PK</td>
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<td>Intro to Music Production grades 3-5</td>
<td>LEGO Club grades 2-5</td>
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Spring ASA registration opens on Wednesday, March 6th at 9am with classes starting April 9th. Registration/ Cancellation deadline is Monday, April 1st.

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Questions? Contact us!

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- CA Nurse ....................................... 614-496-9591
- Email ........................................... Programs@columbusacademy.org
- Director’s Email ............................... KingA@columbusacademy.org
Spring ASA Offerings

**MONDAYS** - April 15, 29, May 6, 13, 20 (no class April 8, 22)

**Gymnastics & Fitness**
Grades: EXP-PK | $100 (5 classes)
Instructor: Gym Skills
This class will introduce students to learning basic gymnastics skills individually with an instructor. Children will begin learning basic gymnastics skills and proper techniques. Children will work on skills and drills to establish their balance, flexibility, strength & coordination. Gymnastics related games, learning activities, and obstacle courses will be incorporated along the way. Students will be able to experience the fun of gymnastics and getting active!

**Baseball Tots**
Grades: K-2 | $100 (5 classes)
Instructor: SuperTots
During this 5-week class, the goal is to engage the children through play-based games and to model for them the love of being active and enjoying sports. In this program, we will focus on tee ball and practice games that teach hitting and throwing mechanics, recognize the bases and gross motor development and hand-eye coordination. Games and activities are modeled, practiced with support and independently. The goal of a SuperTots class is to promote independence and teamwork. We also work on listening and following directions. The class uses a variety of fun games with lots of physical activity. A variety of props, songs, and games are used to engage the athletes. Movement skills are developed using engaging games with appropriately sized, safe equipment.

**Creative Writing**
Grades: 3-5 | $100 (5 classes)
Instructor: VAC (vineyard app camp)
Do you have a story to tell? Want to learn how to express yourself through writing? Join our Creative Writing class! This course will help students develop their writing skills, from crafting compelling characters to building immersive worlds. Through guided exercises and personalized feedback, students will learn how to bring their ideas to life and create stories that will captivate readers. Whether you're interested in fiction, non-fiction, or poetry, this class is the perfect way to explore your creativity and develop your writing skills. All you need is a notebook and a pen, and you're ready to start writing!

**Baseball Tots**
Grades: K-2 | $120 (6 classes)
Instructor: SuperTots
During this 5-week class, the goal is to engage the children through play-based games and to model for them the love of being active and enjoying sports. In this program, we will focus on tee ball and practice games that teach hitting and throwing mechanics, recognize the bases and gross motor development and hand-eye coordination. Games and activities are modeled, practiced with support and independently. The goal of a SuperTots class is to promote independence and teamwork. We also work on listening and following directions. The class uses a variety of fun games with lots of physical activity. A variety of props, songs, and games are used to engage the athletes. Movement skills are developed using engaging games with appropriately sized, safe equipment.

**WEDNESDAYS** - April 10, 17, 24, May 1, 8, 15

**Baseball Tots**
Grades: EXP-PK | $120 (6 classes)
Instructor: SuperTots
An exciting way to start being part of America's favorite pastime! Being one of the most difficult sports to initially grasp, this game is played indoors or outdoors with safe, age-appropriate equipment. BaseballTots lets kids learn how to hit, catch, and pass while enjoying the game.

**Super Soccer Stars**
Grades: K-2 | $120 (6 classes)
Instructor: JumpBunch
Your little one needs to get moving and you need a program just right for their size. Weekly Soccer classes begin with kid-friendly warm ups and exercises. The class “Coach” will then introduce participants to individual soccer skills, equipment and simple rules of the game of soccer. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session.
Chess Kings and Queens
Grades: K-5 | $140 (6 classes)
Instructor: Kyle Jones USCF CM
Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

Sports, Smiles, Fitness and Fun
Grades: EXP-PK | $120 (6 classes)
Instructor: JumpBunch
Your little one needs to get moving and you need a program just right for their size. Enter JumpBunch. Weekly JumpBunch classes begin with child-friendly warm ups and exercises. The class “Coach” will then introduce participants to individual skills, equipment and simple rules of a different sports/fitness activity each week. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session!

Eat the Rainbow
Grades: K-2 | $120 (6 classes)
Instructor: Molly Murphy
Eating the rainbow means the group will taste many different fruits and vegetables of every color! Young learners will embark on a colorful culinary adventure, exploring the vibrant world of fruits and vegetables. Through hands-on activities, interactive games, and creative cooking experiences, students will discover the importance of a balanced diet and the health benefits of consuming a variety of colorful foods. By the end of the course, students will develop a deeper appreciation for nutritious eating habits, empowering them to make healthier food choices in their daily lives. Each week we will eat foods of a different color.

Intro to Music Production
Grades: 3-5 | $200 (6 classes)
Instructor: Cold Narly Music Academy
CNG Music Academy will be educating our next generation of Music Professionals about the basic steps to succeed in the recording studio & music industry. Topics and activities will include math, science within technology, working with like minded creatives, and celebrating self-expression. This class will open up students to the future of music production careers and develop social/emotional skills through music.

Real Life Fairy Tales
Grades: EXP-PK | $120 (6 classes)
Instructor: Hunter Minor
Whether you be a blind mice, or a little pig, or even a little red riding hood, join us in bringing these fairy tales to life. In an introductory course to acting, we will be exploring our creativity and our basic acting skills, using Fairy Tales we all know to harness and bring these skills out of us. Don’t be a Humpty Dump, come be a Jack or Jill!

Chess Kings and Queens
Grades: K-2 | $140 (6 classes)
Instructor: Kyle Jones USCF CM
Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament.

LEGO Club
Grades: 2-5 | $120 (6 classes)
Instructor: Kelly Black
Do you love building and playing with Legos? We aren’t talking about following the directions in a kit, but we are talking about meeting innovative and hands-on challenges. Each week participants will work alone, or in teams, to solve a challenge with Legos. Be prepared to preserve, follow directions, play with peers, expand your spatial skills, use your imagination, and most of all have fun!

Sports Discovery
Grades: 3-5 | $120 (6 classes)
Instructor: Amazing Athletes of Columbus
Explore, learn, develop, and play with Amazing Athletes Sport Discovery! This session is designed to empower kids to discover their inner athlete & love of sport. Together, we will explore Flag Football and Soccer with 2 weeks of concentrated play & practice for each, followed by a ‘finale’ game for each and an award ceremony. Your amazing athlete will have the opportunity to develop skills with practice, apply what they’ve learned with confidence, have fun with gameplay, discover sports they love!
SUMMER EXPERIENCE

Columbus Academy Summer Experience offers week-long programming for grades Pre-K through 12th grade. Each week, children can choose from a variety of themes... Boxing to Broadway and everything in between, you can fill your child’s summer with experiences they will never forget! Registration opens in February and camps begin in June.

For more information, please visit our website: www.columbusacademy.org/summer

TUTORING

How does the tutoring system work?
Columbus Academy’s tutoring system is a matching-based system. All tutor requests should be submitted via email to Alyssa King: KingA@columbusacademy.org

The request should include the following:
1. Student’s Name
2. Age & Grade
3. Subjects for tutoring
4. Preferred location, dates and times
5. Teacher requested (if applicable)
6. Any special needs
7. Brief explanation of tutor expectations

What happens after a match is made?
Once you’ve submitted a request, a match is established and Alyssa King connects the family and the tutor.

Who are the tutors available?
Tutors provided through Columbus Academy are teachers that have been vetted by Columbus Academy. Most of them are CA faculty, with a few exceptions being local teachers in neighboring school districts.
Where does tutoring take place?
Tutoring may take place on or off CA’s campus. If the tutoring session is held on campus, access to CA materials is limited to space, technology and non-consumable goods. Paper, pencils and other materials may be required to be provided by the student. Any teaching materials required will be provided by the tutor.

What is the cost?
The standard hourly rate for tutoring on CA’s campus is $60 per hour for teachers and $80 per hour for specialists. For any off-campus tutoring, the hourly rate is at the discretion of the tutor, but it is recommended to follow the standard pricing structure.

How is payment handled?
All contracts and fees for on-site tutoring are due by paper check to Columbus Academy’s Accounting Department prior to the first tutoring session. Frequency and duration of tutoring will be established by the tutor and family. Off-campus tutoring payment is also handled between the tutor and family.

What is the cancelation policy?
The cancelation policy will be an agreement that both the tutor and family believe is fair. Once a tutoring agreement has been signed and payment has been submitted, it is up to the tutor to issue any refunds to the family. Upon tutoring completion or termination of a tutorial agreement, the family and/or the tutor must inform Alyssa King.

Are there any additional guidelines?
The only situation that would warrant an addition to the guidelines is in the case of teachers tutoring students in their assigned grade and/or music lessons. Tutors will need to acquire an additional signature from the Division Head to ensure there is no conflict of interest with Columbus Academy students.

RENTALS

The CA Special Programs Department manages rentals for various campus facilities. For more information or to request a facility rental, please visit our website: https://www.columbusacademy.org/facility-rentals
On behalf of the athletic department and the coaching staff, welcome to a new athletic school year at Columbus Academy!

One of the best ways for a student and family to get engaged with our school community is being part of a team during the fall athletic season. It is a great opportunity for students to get to know their classmates while being engaged in the exciting atmosphere of a new start to the school year. It’s also an excellent opportunity for parents to meet others and share in the strong sense of community.

Why Participate in Youth Sports?
The purpose of our Junior Vikings youth sports programs at Columbus Academy is to positively develop our students ranging from grades 2 through 6 (depending on the sport). Participation, Character Development, and Fun are all key factors in our youth sports offerings. Providing opportunities for growth through sport and a welcoming environment where children feel they are learning how to be involved in their community is important in creating an exceptional experience for our students. All of our youth sports programs focus on fundamentals and development.

Communication
All communication about the youth sports programs offered will come directly from Mary Deeds, Assistant Director of Athletics for Youth Sports. Youth Sports announcements will come from deedsm@columbusacademy.org. For Junior Vikings Clinics, Mary will send an email out each week of the clinic with details about the coming week. For Junior Vikings sports teams, communication will be coming from designated coaches throughout the season. TeamSnap is the main communication channel between coaches and participants. This is where the season schedule, team roster, and team contact information is stored.

Faculty, Staff and Coaches
For Junior Vikings clinics and Youth Sports teams, each offering has designated coaches who may be trained volunteers, community partners, Columbus Academy coaches and/or teachers. Each coach has completed required training, including but not limited to a background check, CPR training, Concussion in sports training, and Lindsay’s Law review.

Registration / Payment
Junior Vikings clinic and Youth Sports team opportunities are first shared directly through Mary Deeds’ email, and then through the Youth Sports website and Columbus Academy Vikings social media pages, typically 3-4 weeks prior to the program start date. Registration is completed through a designated Google Form shared. Upon filling out registration, payment for participation is completed through billing one’s school account after the program begins. Participation fees price range is based on if the
program is a clinic or a team. Upon completion of registration, a confirmation email will be sent before the clinic or sports season noting additional details, including payment.

Cancellations and Changes
For Junior Vikings clinics and Youth Sports teams, once you have submitted your registration, you are committed to attending all clinic dates or being a part of the team. If you need to cancel your participation, please email Mary Deeds at deedsm@columbusacademy.org before the start of the clinic or season.

Rules / Regulations
There are rules for specific sports that will be shared with participants at the beginning of each clinic or season by coaches. Additionally, any school policy in place applies to Junior Vikings youth sports programs. Any necessary regulations will be communicated to participants and their families by the coach or administrator, Mary Deeds. All of the Junior Vikings youth sports programs are developmental, focused on growth and teaching fundamentals of the sport in an environment where students are comfortable to learn.

Inclement Weather Policy
If there is inclement weather expected before any Junior Vikings youth sports program, families will receive an email from Mary Deeds day-of a clinic or the specific head coach will reach out if the participant is on a youth sports team. Indoor space is held for all Junior Vikings clinics. For youth sports teams, the facility space availability will be communicated by Mary Deeds to the coach, then passed along to the participant's family. Events may be canceled if inclement weather persists over a half hour.

Logistical Details
Junior Vikings clinics run on the weekends only, unless otherwise noted, for 1 hour and 30 minutes once a week for 4-6 weeks. Participants meet at a designated athletics facility on campus and check in with the administrator on duty before each clinic. When programming ends, pick-up takes place by a parent or guardian. Prompt pickup at the designated end time is appreciated. Youth Sports teams occur during a specific fall, winter, or spring season with practices and games. Practices are held later in the evening 2-3 times a week at a designated athletics facility on campus. Games are held on the weekends with home events at Columbus Academy and away events at other local schools or sports facilities. Transportation is provided by one’s own parent or guardian.

Meet your CA Athletic Department!

Jason Singleton - Athletic Director
singletonj@columbusacademy.org

Nicola Jackson - Athletic Department Administrative Assistant
jacksonn@columbusacademy.org

Neal O’Brien - Assistant Director of Athletics
obriann@columbusacademy.org

Mary Deeds - Assistant Director of Athletics for Youth Sports
deedsm@columbusacademy.org

Jacque DeMarco - Assistant Director of Athletics for Middle and Upper School Sports
demarcoj@columbusacademy.org
### FALL YOUTH SPORTS OFFERINGS 2023

#### Junior Vikings Football (Grades 5-6) (July-October)
- Coaches: Scott Dye, Keir Gorospe, Bryan Dixon, Nick Stinger, Matt Oberdorfer
- Begins July 24th - Ends at end of October with tournament play
- Cost: $250-300 based on equipment needs

#### Junior Vikings Flag Football (Grades 2-4) (September-October: 6 weeks)
- Coaches: Nick Stringer & Durell Moultrie
- Mondays: September 11th, 18th, 25th, October 2nd, 9th, 16th @ 6:00pm-7:30pm
- Cost: $75

#### Junior Vikings Soccer Clinic (Grades 2-5) (September: 4 weeks)
- Coach: Steve Locker
- September 10th, 17th, 24th, 30th @ 4:00pm-5:30pm
- Cost: $75

#### Junior Vikings Boys Basketball Clinic (Grades 4-6) (September-October: 3 weeks)
- Coaches: Jeff Warstler, John Exline, Mike Moran
- September 24th, October 1st, 8th @ 6:00pm-7:30pm
- Cost: $50

#### Junior Vikings Girls Basketball Clinic (Grades 4-6) September/(October: 2 weeks)
- Coach: Eddie Days
- September 24th & October 1st @ 12:00pm-3:00pm
- Cost: $50

#### Junior Vikings Field Hockey Clinic (Grades 2-5) (October: 4 weeks)
- Coaches: Miranda Bring & Alyssa Thiele
- October 1st, 8th, 15th, 22nd @ 4:00pm-5:30pm
- Cost: $75

#### Junior Vikings Volleyball Clinic (Grades 2-5) (October/November: 4 weeks)
- Coaches: Jess Sekelsky & Robert Bowling
- October 29th, November 5th, 12th, 19th @ 4:00pm-5:30pm
- Cost: $75

#### Outside Organization
- **CBJ Learn to Play/Skate (Grades 1-5) (October-December: 8 weeks)**
  - Registration and more information: [https://www.nhl.com/bluejackets/community/learn-to-play](https://www.nhl.com/bluejackets/community/learn-to-play)

- **Greater Columbus Swim Lessons (Grades 1-5) (October-November)**
  - Registration and more information: [https://www.gomotionapp.com/team/ohgcstl/page/home](https://www.gomotionapp.com/team/ohgcstl/page/home)
**WINTER YOUTH SPORTS OFFERINGS 2023-24**

<table>
<thead>
<tr>
<th>Program</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Junior Vikings Basketball (Grades 4-6)</strong></td>
<td>(beginning of November-mid February)</td>
</tr>
<tr>
<td>Parent Volunteers/Community Coaches</td>
<td>Tryouts mid-October</td>
</tr>
<tr>
<td>Cost: $275-350</td>
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</tr>
<tr>
<td><strong>Junior Vikings Basketball Clinic (Grades 2-5)</strong></td>
<td>(December-January: 5 weeks)</td>
</tr>
<tr>
<td>Coach: Renny Tyson</td>
<td>December 3rd, 10th, 17th, January 7th, 14th</td>
</tr>
<tr>
<td>Cost: $75</td>
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</tr>
<tr>
<td><strong>Junior Vikings Floor Hockey Clinic (Grades 2-5)</strong></td>
<td>(January/February: 4 weeks)</td>
</tr>
<tr>
<td>Coach: Dar Faroughi</td>
<td>January 21st, 28th, February 4th, 11th</td>
</tr>
<tr>
<td>Cost: $75</td>
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</tr>
<tr>
<td><strong>Junior Vikings Lacrosse Clinic (Grades 3-6)</strong></td>
<td>(February: 1 week)</td>
</tr>
<tr>
<td>Coach: Joel Zalesky</td>
<td>February 11th</td>
</tr>
<tr>
<td>Cost: $50</td>
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</tr>
<tr>
<td><strong>Junior Vikings Wrestling Clinic (Grades 2-5)</strong></td>
<td>(November/December: 6 weeks)</td>
</tr>
<tr>
<td>Coach: Paul Bukky</td>
<td>Wednesdays: November 1, 8, 15, 29 December 6, 13</td>
</tr>
<tr>
<td>Cost: $75</td>
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</tr>
</tbody>
</table>

**Outside Organization** CBJ Learn to Play/Skate (Grades 1-5) (January-March)

Registration and more information: [https://www.nhl.com/bluejackets/community/learn-to-play](https://www.nhl.com/bluejackets/community/learn-to-play)

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**SPRING YOUTH SPORTS OFFERINGS 2024**

<table>
<thead>
<tr>
<th>Program</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Junior Vikings Lacrosse (Grades 3-6)</strong></td>
<td>(February-May)</td>
</tr>
<tr>
<td>Parent Volunteers / Community Coaches</td>
<td>Cost: $200 - $260 based on equipment needs</td>
</tr>
<tr>
<td><strong>Junior Vikings Baseball Clinic (Grades 2-5)</strong></td>
<td>(TBD: 4 weeks)</td>
</tr>
<tr>
<td>Coaches: Todd Dunkle, Nick Master, Julian Acosta-Gorman, Rob Gravatt</td>
<td>Cost: $75</td>
</tr>
<tr>
<td><strong>Junior Vikings Golf Clinic (Grades 2-5)</strong></td>
<td>(TBD: 4 weeks)</td>
</tr>
<tr>
<td>Coaches: Craig Yakscoe &amp; Maggie Freytag</td>
<td>Cost: $75</td>
</tr>
</tbody>
</table>

**Outside Organization** GCSTO Swim Lessons (Grades 1-5) (April/May)

Registration and more information: [https://www.gomotionapp.com/team/ohgcstl/page/home](https://www.gomotionapp.com/team/ohgcstl/page/home)

**Outside Organization** CBJ Learn to Play/Skate (Grades 1-5) (March-May)

Registration and more information: [https://www.nhl.com/bluejackets/community/learn-to-play](https://www.nhl.com/bluejackets/community/learn-to-play)
Meet your CA Middle School Department!

Shaka Arnold - Head of Middle School
arnolds@columbusacademy.org
Office: (614) 509-2237

Ed Rhee - Associate Head of Middle School
rhee@columbusacademy.org
(614) 509-2238

Michelle White - Assistant to Middle School Head
whitem@columbusacademy.org
(614) 509-2264

MIDDLE SCHOOL CLUB OFFERINGS

Environmental / Earth Day Club
Club Advisor: Julie Keating and Alison Eisert
keatingj@columbusacademy.org | eiserta@columbusacademy.org

The objective of the Environmental / Earth Day Club is to help students become conscious of both local and world environmental issues. Students will become mindful of ways to help protect and sustain their environment. In the spring, the group will organize and host an Earth Day Celebration for the entire middle school community. Club meetings will take place on Wednesdays, beginning in mid-October. Please email Club Advisors for more information!

Middle School Math Club
Club Advisor: Katie Castle and Emily Dennett
castlek@columbusacademy.org | dennette@columbusacademy.org

Middle School Math Club is a place for all Middle Schoolers who want to have fun doing math! We explore puzzles, games, math art, challenges, and more! For those interested, we also prepare for the MathCounts competition. Club meetings will begin mid-September, please email Club Advisors for more information!

Robotics Club
Club Advisor: Margaret Fowler and Michelle Platt
fowlerm@columbusacademy.org | plattm@columbusacademy.org

Robotics Club is a place where students will have hands-on opportunities to create technological solutions to problems. Together in teams they will hypothesize, design, plan, build, test, and refine their solutions. The club runs 10-12 weeks and meets every Tuesday after school for 75 minutes. Due to the commitment and team work required, we will offer two independent club sections allowing kids in Fall or Spring sports an opportunity to attend. The first club will start at the end of September and the second club will begin in February. Students can choose to participate in one or both clubs. Please email Club Advisors for more information!
This form is simply a guide to showcase each program in a format that is designed to assist in the planning process. For more detailed information about each program, please visit the corresponding page or contact the individual CA Departments.

<table>
<thead>
<tr>
<th>Program</th>
<th>Division</th>
<th>Grades</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soccer Tots</td>
<td>Fall ASA</td>
<td>EXP-PK</td>
<td>Mondays</td>
</tr>
<tr>
<td>Cooking Around the World</td>
<td>Fall ASA</td>
<td>K-2</td>
<td>Mondays</td>
</tr>
<tr>
<td>Nerf It Up!</td>
<td>Fall ASA</td>
<td>3-5</td>
<td>Mondays</td>
</tr>
<tr>
<td>Storytime Adventures</td>
<td>Fall ASA</td>
<td>EXP-PK</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Amazing Athletes</td>
<td>Fall ASA</td>
<td>K-2</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Mindfulness &amp; Movement</td>
<td>Fall ASA</td>
<td>2-5</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Robotics &amp; Coding</td>
<td>Fall ASA</td>
<td>3-5</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Tiny Picassos</td>
<td>Fall ASA</td>
<td>EXP-PK</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Soccer Tots</td>
<td>Fall ASA</td>
<td>K-2</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Chess Kings &amp; Queens</td>
<td>Fall ASA</td>
<td>3-5</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Sports, Smiles, Fitness &amp; Fun</td>
<td>Fall ASA</td>
<td>EXP-PK</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Awesome Art Explorations</td>
<td>Fall ASA</td>
<td>K-2</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Mountain Biking Club</td>
<td>Fall ASA</td>
<td>3-5</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Royalty Music Rehearsal</td>
<td>Fall ASA</td>
<td>EXP-PK</td>
<td>Fridays</td>
</tr>
<tr>
<td>Chess Kings &amp; Queens</td>
<td>Fall ASA</td>
<td>K-2</td>
<td>Fridays</td>
</tr>
<tr>
<td>Exciting Explorations with Art</td>
<td>Fall ASA</td>
<td>3-5</td>
<td>Fridays</td>
</tr>
<tr>
<td>Homework Club</td>
<td>Special Programs</td>
<td>2-5</td>
<td>Tuesdays, Wednesdays, Thursdays beginning Sept 12</td>
</tr>
<tr>
<td>ROX (Ruling Our Experiences)</td>
<td>Special Programs</td>
<td>6th Grade Girls</td>
<td>See Page 6 for 20-week dates</td>
</tr>
<tr>
<td>Jr. Vikings Football</td>
<td>Fall Youth Sports</td>
<td>5-6</td>
<td>July 24 through October</td>
</tr>
<tr>
<td>Jr. Vikings Flag Football</td>
<td>Fall Youth Sports</td>
<td>2-4</td>
<td>Mondays beginning Sept 11</td>
</tr>
<tr>
<td>Jr. Vikings Soccer Clinic</td>
<td>Fall Youth Sports</td>
<td>2-5</td>
<td>Sundays in September</td>
</tr>
<tr>
<td>Jr. Vikings Boys Basketball Clinic</td>
<td>Fall Youth Sports</td>
<td>4-6</td>
<td>Sept 24, Oct 1, Oct 8</td>
</tr>
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<td>Fall Youth Sports</td>
<td>4-6</td>
<td>Sept 24, Oct 1</td>
</tr>
<tr>
<td>Jr. Vikings Field Hockey Clinic</td>
<td>Fall Youth Sports</td>
<td>2-5</td>
<td>Sundays in October</td>
</tr>
<tr>
<td>Jr. Vikings Volleyball Clinic</td>
<td>Fall Youth Sports</td>
<td>2-5</td>
<td>Oct 29, Nov 5, 12, 19</td>
</tr>
<tr>
<td>CBJ Learn to Play / Skate</td>
<td>Outside Organization</td>
<td>1-5</td>
<td>October-December (8 weeks)</td>
</tr>
<tr>
<td>Greater Columbus Swim Lessons</td>
<td>Outside Organization</td>
<td>1-5</td>
<td>October-November</td>
</tr>
<tr>
<td>Golf Tots</td>
<td>Winter ASA</td>
<td>EXP-PK</td>
<td>Mondays</td>
</tr>
<tr>
<td>Yoga</td>
<td>Winter ASA</td>
<td>K-2</td>
<td>Mondays</td>
</tr>
<tr>
<td>Graphic Design</td>
<td>Winter ASA</td>
<td>3-5</td>
<td>Mondays</td>
</tr>
<tr>
<td>Superhero Bootcamp</td>
<td>Winter ASA</td>
<td>EXP-PK</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Weird Nature Science</td>
<td>Winter ASA</td>
<td>K-2</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Mindfulness &amp; Movement</td>
<td>Winter ASA</td>
<td>2-5</td>
<td>Tuesdays</td>
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<td>3-5</td>
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<td>EXP-PK</td>
<td>Wednesdays</td>
</tr>
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<td>Winter ASA</td>
<td>K-2</td>
<td>Wednesdays</td>
</tr>
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<td>Chess Kings &amp; Queens</td>
<td>Winter ASA</td>
<td>K-5</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Storybook Crafts</td>
<td>Winter ASA</td>
<td>EXP-PK</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Super STEAM Solvers</td>
<td>Winter ASA</td>
<td>K-2</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Theatre &amp; Improv</td>
<td>Winter ASA</td>
<td>2-5</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Nerf It Up!</td>
<td>Winter ASA</td>
<td>3-5</td>
<td>Thursdays</td>
</tr>
<tr>
<td>Chefs in Training</td>
<td>Winter ASA</td>
<td>EXP-PK</td>
<td>Fridays</td>
</tr>
</tbody>
</table>
ENRICHMENT GUIDE AT-A-GLANCE

continued from page 20

<table>
<thead>
<tr>
<th>Program</th>
<th>Division</th>
<th>Grades</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chess Kings &amp; Queens</td>
<td>Winter ASA</td>
<td>K-2</td>
<td>Fridays</td>
</tr>
<tr>
<td>Creative STEM Challenges</td>
<td>Winter ASA</td>
<td>2-5</td>
<td>Fridays</td>
</tr>
<tr>
<td>Jr. Vikings Basketball</td>
<td>Winter Youth Sports</td>
<td>4-6</td>
<td>November-February</td>
</tr>
<tr>
<td>Jr. Vikings Basketball Clinic</td>
<td>Winter Youth Sports</td>
<td>2-5</td>
<td>5 weeks beginning December 3</td>
</tr>
<tr>
<td>Jr. Vikings Floor Hockey Clinic</td>
<td>Winter Youth Sports</td>
<td>2-5</td>
<td>4 weeks beginning January 21</td>
</tr>
<tr>
<td>Jr. Vikings Lacrosse Clinic</td>
<td>Winter Youth Sports</td>
<td>3-6</td>
<td>February 11</td>
</tr>
<tr>
<td>Jr. Vikings Wrestling Clinic</td>
<td>Winter Youth Sports</td>
<td>2-5</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>CBJ Learn to Play / Skate</td>
<td>Outside Organization</td>
<td>1-5</td>
<td>January-March</td>
</tr>
<tr>
<td>Gymnastics &amp; Fitness</td>
<td>Spring ASA</td>
<td>EXP-PK</td>
<td>Mondays</td>
</tr>
<tr>
<td>Baseball Tots</td>
<td>Spring ASA</td>
<td>K-2</td>
<td>Mondays</td>
</tr>
<tr>
<td>Creative Writing</td>
<td>Spring ASA</td>
<td>3-5</td>
<td>Mondays</td>
</tr>
<tr>
<td>Introductory Spanish</td>
<td>Spring ASA</td>
<td>EXP-PK</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>AI for Kids</td>
<td>Spring ASA</td>
<td>K-2</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Mindfulness &amp; Movement</td>
<td>Spring ASA</td>
<td>2-5</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Gardening Club</td>
<td>Spring ASA</td>
<td>3-5</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Choir</td>
<td>Spring ASA</td>
<td>4-5</td>
<td>Tuesdays</td>
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<tr>
<td>Baseball Tots</td>
<td>Spring ASA</td>
<td>EXP-PK</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Super Soccer Stars</td>
<td>Spring ASA</td>
<td>K-2</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Chess Kings &amp; Queens</td>
<td>Spring ASA</td>
<td>K-5</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Sports, Smiles, Fitness &amp; Fun</td>
<td>Spring ASA</td>
<td>EXP-PK</td>
<td>Thursdays</td>
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<tr>
<td>Eat the Rainbow</td>
<td>Spring ASA</td>
<td>K-2</td>
<td>Thursdays</td>
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<tr>
<td>Intro to Music Production</td>
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<td>3-5</td>
<td>Thursdays</td>
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<td>Real Life Fairy Tales</td>
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<td>EXP-PK</td>
<td>Fridays</td>
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<td>Chess Kings &amp; Queens</td>
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<td>K-2</td>
<td>Fridays</td>
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<td>LEGO Club</td>
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<td>Fridays</td>
</tr>
<tr>
<td>Sports Discovery</td>
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<td>Fridays</td>
</tr>
<tr>
<td>Jr. Vikings Lacrosse</td>
<td>Spring Youth Sports</td>
<td>3-6</td>
<td>February-May</td>
</tr>
<tr>
<td>Jr. Vikings Baseball Clinic</td>
<td>Spring Youth Sports</td>
<td>2-5</td>
<td>TBD: 4 weeks in Spring</td>
</tr>
<tr>
<td>Jr. Vikings Golf Clinic</td>
<td>Spring Youth Sports</td>
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<td>TBD: 4 weeks in Spring</td>
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<tr>
<td>Greater Columbus Swim Lessons</td>
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<td>1-5</td>
<td>April-May</td>
</tr>
<tr>
<td>CBJ Learn to Play / Skate</td>
<td>Outside Organization</td>
<td>1-5</td>
<td>March-May</td>
</tr>
</tbody>
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MIDDLE SCHOOL CLUBS

<table>
<thead>
<tr>
<th>Program</th>
<th>Division</th>
<th>Grades</th>
<th>Schedule</th>
</tr>
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<tbody>
<tr>
<td>Environmental / Earth Day Club</td>
<td>Middle School</td>
<td>6-8</td>
<td>Wednesdays beginning mid-October</td>
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<tr>
<td>Middle School Math Club</td>
<td>Middle School</td>
<td>6-8</td>
<td>Meetings begin mid-September</td>
</tr>
<tr>
<td>Robotics Club</td>
<td>Middle School</td>
<td>6-8</td>
<td>TBD, see page 19 for contact info</td>
</tr>
</tbody>
</table>