



Columbus Academy presents
AFTER SCHOOL ACTIVITIES
(ASA)

2023

WINTER

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Sports, Fitness & Fun grades EXP-PK	Where in the World? A Musical Adventure grades EXP-PK	Art & Nature grades EXP-PK	Amazing Athletes grades EXP-PK	Young Storytelling grades EXP-PK
Character Cupcakes grades K-2	Gymnastics & Fitness grades K-2	Mindfulness & Movement grades K-5	Eat the Rainbow grades K-2	Chess Kings & Queens grades K-2
60 Second Challenge grades 3-5	Nerf it Up! grades 2-5	Chess Kings & Queens grades 3-5	Awesome Art Exploration grades 3-5	Archaeology 101 grades 3-5

SPRING

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Superhero Bootcamp grades EXP-PK	Where in the World? A Musical Adventure grades EXP-PK	Gymnastics & Fitness grades EXP-PK	Super Soccer Stars grades EXP-PK	Baseball Tots grades EXP-PK
Under the Big Top grades K-2	Forest Tuesdays grades K-2	Mindfulness & Movement grades K-5	Art & Nature grades K-2	Chess Kings & Queens grades K-2
I Can Do It: Tasty Treats grades 3-5	Nerf it Up! grades 2-5	Chess Kings & Queens grades 3-5	Awesome Art Exploration grades 3-5	Stage Combat - Jedi Bootcamp grades 3-5

2023 WINTER ASA PROGRAMS

Registration and payment through our registration system (CampBrain) is required for enrollment in ASA programs. Classes must reach the minimum number for enrollment or will be canceled and fees will be refunded. No refunds will be issued after the start date.

The registration /cancelation deadline is Wednesday, January 4th.

MONDAYS - Jan. 9, 23, 30 Feb. 6, 13, 27 (no class Jan. 16, Feb. 20)

Sports, Fitness & Fun

Grades: EXP-PK | \$120 (6 classes)

Instructor: JumpBunch

Your little one needs to get out moving and you need a program just right for their size. Search no more! Weekly JumpBunch classes begin with kid-friendly warm ups and exercises. The class “Coach” will then introduce participants to individual skills, equipment and simple rules of a different sports/fitness activity each week. Coaches praise and encourage children while helping them develop coordination, teamwork and confidence. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving throughout the session. Participants should dress to be very active.

Character Cupcakes

Grades: K-2 | \$140 (6 classes)

Instructor: TBD

Join us in creating fun themed and decorated cupcakes! Each week we will have a new design theme and try our hand at some basic decorating techniques.

60 Second Challenge

Grades: 2-5 | \$120 (6 classes)

Instructor: JumpBunch

Kids work through several new challenges in each class, usually in teams of two. It's a little competitive, sometimes a little silly, but each activity is actually carefully crafted to sharpen fine and gross motor skills, encourage teamwork, and promote problem solving. Through the cheers and laughs, the 60-Second Challenge has proven to be a worthwhile program kids look forward to each week.

TUESDAYS -Jan. 10, 17, 24, 31 Feb. 7, 14, 21, 28

Where in the World? A Musical Adventure

Grades: EXP-PK | \$160 (8 classes)

Instructor: Josh Newbury / Newbury Music Initiative

Come with us on a globe-trotting adventure for the ages! In this program, we get to explore the sounds of the world. Together we will join the drum circles of Africa, party in the Brazilian Carnival, and even learn to Lindy Hop to American Jazz! Each session will feature fun and engaging activities designed to teach about far away cultures through song and dance while also developing important new skills for young minds. Let's make some music!

Gymnastics & Fitness

Grades: K-2 | \$160 (8 classes)

Instructor: Gym Skills

This class will introduce students to learning basic gymnastics skills individually with an instructor. Children will begin learning basic gymnastics skills and proper techniques. Children will work on skills

and drills to establish their balance, flexibility, strength & coordination. Gymnastics related games, learning activities, and obstacle courses will be incorporated along the way. Students will be able to experience the fun of gymnastics and get active!

Nerf It Up!

Grades: 2-5 | \$160 (8 classes)

Instructor: JumpBunch

Because your kids love NERF blaster games and battles and because you love it when your kids get exercise and make new friends! Weekly classes will improve your child's speed, quickness, endurance and agility. Each lesson includes warm up activities, sportsmanship lessons, and various nerf blaster games such as "storm the fort," "king of the hill," and more. Nerf blasters, darts, and eye protection will be provided and returned to JumpBunch at the end of the program. Participants will be required to wear provided eye protection at all times during game play. To ensure fair play, participants will not be permitted to provide their own blaster(s) or darts.

WEDNESDAYS - Jan. 11, 18, 25 Feb. 1, 8, 15, 22 March 1

Art & Nature

Grades: EXP-PK | \$160 (8 classes)

Instructor: Sarah Penney

Do you love to be outdoors? Do you like to be creative? If so, this is the class for you! We will explore our winter campus and use tools from nature to create fun and unique art together. Nature provides everything we will need to create-sticks, rocks, bark, leaves, and if we're lucky, even snow! Let's see what amazing works of art you can create from the wonderful winter woods of CA!

Mindfulness & Movement

Grades: K-5 | \$165 (8 classes)

Instructor: Bright Yogis

Bright Yogis offers a unique program combining yoga and mindfulness practices for children. We are empowering and inspiring young minds and bodies with:

- *Enhancement of Physical Strength & Flexibility for Health & Sport
- *Strengthening of the Mind-Body Connection
- *Refinement of Balance & Coordination
- *Development of Focus & Concentration
- *Boosting of Self-Esteem & Confidence
- *Nurturing the Power to Self-regulate & Relax

Chess Kings & Queens

Grades: 3-5 | \$190 (8 classes)

Instructor: Kyle Jones USCF CM

Students learn the rules and concepts of chess, the history of one of the most storied games, tournament procedures and etiquette and the knowledge to participate in casual or competitive games with friends and family. This is the perfect class for new players and experienced players seeking more confidence in their play. In the first half of each class, students learn world champion openings, ideas in the middle game, end game patterns, tactical moves and elements are examined and discussed. Participants play against each other in our club tournament in the second half of each class. Students earn chess keychains for their hard work that may be turned in for trophies!

THURSDAYS - Jan. 12, 19, 26 Feb. 2, 9, 16, 23 March 2

Amazing Athletes

Grades: EXP-PK | \$160 (8 classes)

Instructor: JumpBunch

Amazing Athletes is a developmental physical fitness program for children. Our fun, active classes encourage kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport down into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity.

Eat the Rainbow

Grades: K-2 | \$160 (8 classes)

Instructor: Molly Murphy

Eating and preparing colorful, healthy snacks in a fun way! We will explore different fruits, vegetables and other healthy foods to independently create healthy snacks that can be eaten after school, or anytime!

Awesome Art Exploration

Grades: 3-5 | \$160 (8 classes)

Instructor: Kelly Black

Do you just love doing art projects and can't get enough of them? Do you like to be creative and maybe get a little messy? Join us on Thursdays for a variety of 2-D and 3-D projects using paint, glue, clay, yarn, salt, and all kinds of mediums. We will do a different art project each week so you can use your creativity in a variety of ways and explore many different types of art. Plan to have fun and explore your own creative style!

FRIDAYS - Jan. 13, 20, 27 Feb. 3, 10, 24 March 3 (No class Feb. 17)

Young Storytellers

Grades: EXP-PK | \$140 (7 classes)

Instructor: Hunter Minor

Every good story has a compelling beginning, fascinating middle, and concrete ending, and after a couple weeks of this ASA, these young storytellers will have no problem showing you just that. These campers will be exploring the question of “What makes a good story?” through expression, improv, creativity, and acting. We will be focusing on the elements of plot, setting, objective, and production, and the ASA will culminate in an invited performance of shows the kiddos come up with themselves. We hope to see you sitting in the front row!

Chess Kings & Queens

Grades: K-2 | \$165 (7 classes)

Instructor: Kyle Jones USCF CM

Students learn the rules and concepts of chess, the history of one of the most storied games, tournament procedures and etiquette and the knowledge to participate in casual or competitive games with friends and family. This is the perfect class for new players and experienced players seeking more confidence in their play. In the first half of each class, students learn world champion openings, ideas in the middle game, end game patterns, tactical moves and elements are examined and discussed. Participants play against each other in our club tournament in the second half of each class. Students earn chess keychains for their hard work that may be turned in for trophies!

Archaeology 101

Grades: 3-5 | \$200 (7 classes)

Instructor: Jeff White, Archaeology Digs

Do you love everything about archaeology and want to learn all that you can by engaging in hands on STEM activities focusing on the field of study? Then you have arrived! Join us in Archaeology 101 as we navigate the wonders of archaeology. We'll stuff your heads full of knowledge with artifacts (but not your pockets because that goes against our ethics)! We learn about facial reconstruction, curation, hominids, engage in some lab work, research artifacts and so much more. We can't wait to see you there!



WINTER 2023 AFTER SCHOOL ACTIVITIES SCHEDULE

Mondays			
Program	Grades	Time	6-week
Sports, Fitness & Fun	EXP-PK	3:30-4:30pm	\$120.00
Character Cupcakes	K-2	3:30-4:30pm	\$140.00
60-Second Challenge	2-5	3:30-4:30pm	\$120.00
Class Dates: Jan. 9, 23, 30 Feb. 6, 13, 27 (no class Jan. 16 or Feb. 20)			
Tuesdays			
Program	Grades	Time	8-week
Where in the World? A Musical Adventure	EXP-PK	3:30-4:30pm	\$160.00
Gymnastics & Fitness	K-2	3:30-4:30pm	\$160.00
Nerf It Up!	2-5	3:30-4:30pm	\$160.00
Class Dates: Jan. 10, 17, 24, 31 Feb. 7, 14, 21, 28			
Wednesdays			
Program	Grades	Time	8-week
Art & Nature	EXP-PK	3:30-4:30pm	\$160.00
Mindfulness & Movement	K-5	3:30-4:30pm	\$165.00
Chess Kings & Queens	3-5	3:30-4:30pm	\$190.00
Class Dates: Jan. 11, 18, 25 Feb. 1, 8, 15, 22 March 1			
Thursdays			
Program	Grades	Time	8-week
Amazing Athletes	EXP-PK	3:30-4:30pm	\$160.00
Eat the Rainbow	K-2	3:30-4:30pm	\$160.00
Awesome Art Exploration	3-5	3:30-4:30pm	\$160.00
Class Dates: Jan. 12, 19, 26 Feb. 2, 9, 16, 23 March 2			
Fridays			
Program	Grades	Time	7-week
Young Storytelling	EXP-PK	3:30-4:30pm	\$140.00
Chess Kings & Queens	K-2	3:30-4:30pm	\$165.00
Archaeology 101	3-5	3:30-4:30pm	\$200.00
Class Dates: Jan. 13, 20, 27 Feb. 3, 10, 24 March 3 (no class Feb. 17)			

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ACH or paper check/cash payments only. Credit cards payment is not available at this time.

Questions? Contact us! (614) 509-2267 | programs@columbusacademy.org

2023 SPRING ASA PROGRAMS

Registration and payment through our registration system (CampBrain) is required for enrollment in ASA programs. Classes must reach the minimum number for enrollment or will be canceled and fees will be refunded. No refunds will be issued after the start date.

The registration /cancelation deadline is Wednesday, April 5th.

MONDAYS - April 10, 17, 24 May 1, 8, 15

Superhero Bootcamp

Grades: EXP-PK | \$120 (6 classes)

Instructor: JumpBunch

This class is all about training to be your favorite superhero! To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as “jumping over hot lava,” “dodging fireballs,” “lightsaber training,” “scooter flying,” “ghostbuster tag,” and so many more! Being a superhero also means having compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss with our super-kids. This program encourages campers to be a superhero in everyday life!

Under the Big Top

Grades: K-2 | \$120 (6 classes)

Instructor: JumpBunch

Every child loves the circus! Our JumpBunch Circus class takes your child on a fun adventure as we play fitness games and activities you might find at a circus. We will use our imagination, as we pretend to train animals, tightrope walk, and perform acrobatics. This camp helps build children’s gross motor skills, balance, coordination, and agility, while also improving their self-esteem and confidence. Come one, come all, to the JumpBunch Circus Camp!

I Can Do It! Tasty Treats

Grades: 3-5 | \$140 (6 classes)

Instructor: TBD

Independence in choosing healthy and creative options for snacking is our goal in this class. We will teach students how to put together simple ingredients to make fun, creative and yummy foods. I can do it myself... and we will show you how.

TUESDAYS - April 11, 18, 25 May 2, 9, 16

Where in the World? A Musical Adventure

Grades: EXP-PK | \$120 (6 classes)

Instructor: Josh Newbury / Newbury Music Initiative

Come with us on a globe-trotting adventure for the ages! In this program, we get to explore the sounds of the world. Together we will join the drum circles of Africa, party in the Brazilian Carnival, and even learn to Lindy Hop to American Jazz! Each session will feature fun and engaging activities designed to teach about far away cultures through song and dance while also developing important new skills for young minds. Let's make some music!

Forest Tuesdays

Grades: K-2 | \$120 (6 classes)

Instructor: Grace Gordon

Do you love Forest Fridays? Come join us on Tuesday afternoons in the spring and we will explore CA's forest together! We will climb hill sides, tromp through streams, and use all of our senses to get to know the woods, plants and animals that call it home. (Note: We will be going outside in all sorts of weather, so please make sure to send your child with weather appropriate clothing.)

Nerf It Up!

Grades: 2-5 | \$120 (6 classes)

Instructor: JumpBunch

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WEDNESDAYS - April 12, 19, 26 May 3, 10, 17

Gymnastics & Fitness

Grades: EXP-PK | \$120 (6 classes)

Instructor: Gym Skills

This class will introduce students to learning basic gymnastics skills individually with an instructor. Children will begin learning basic gymnastics skills and proper techniques. Children will work on skills and drills to establish their balance, flexibility, strength & coordination. Gymnastics related games, learning activities, and obstacle courses will be incorporated along the way. Students will be able to experience the fun of gymnastics and getting active!

Mindfulness & Movement

Grades: K-5 | \$105 (6 classes)

Instructor: Bright Yogis

Bright Yogis offers a unique program combining yoga and mindfulness

practices for children. We are empowering and inspiring young minds and bodies with:

- *Enhancement of Physical Strength & Flexibility for Health & Sport
- *Strengthening of the Mind-Body Connection
- *Refinement of Balance & Coordination
- *Development of Focus & Concentration
- *Boosting of Self-Esteem & Confidence
- *Nurturing the Power to Self-regulate & Relax

Chess Kings & Queens

Grades: 3-5 | \$145 (6 classes)

Instructor: Kyle Jones USCF CM

Students learn the rules and concepts of chess, the history of one of the most storied games, tournament procedures and etiquette and the knowledge to participate in casual or competitive games with friends and family. This is the perfect class for new players and experienced players seeking more confidence in their play. In the first half of each class, students learn world champion openings, ideas in the middle game, end game patterns, tactical moves and elements are examined and discussed. Participants play against each other in our club tournament in the second half of each class. Students earn chess keychains for their hard work that may be turned in for trophies!

THURSDAYS - April 13, 20, 27 May 4, 11, 18

Super Soccer Stars

Grades: EXP-PK | \$120 (6 classes)

Instructor: JumpBunch

Super Soccer Stars teaches the fundamentals of soccer in a fun, non-competitive, educational environment. Our unique curriculum uses positive reinforcement and a low child-to-coach ratio to make sure each child feels confident in their own abilities, allowing kids to improve at their own rate.

Art & Nature

Grades: K-2 | \$120 (6 classes)

Instructor: Sarah Penney

Do you love to be outdoors? Do you like to be creative? If so, this is the class for you! We will explore our winter campus and use tools from nature to create fun and unique art together. Nature provides everything we will need to create—sticks, rocks, bark, leaves, and if we're lucky, even snow! Let's see what amazing works of art you can create from the wonderful winter woods of CA!

Awesome Art Exploration

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FRIDAYS - April 14, 21 May 5, 12, 19 (no class April 28)

BaseballTots

Grades: EXP-PK | \$100 (5 classes)

Instructor: SuperTots

During this 5-week class, the goal is to engage the children through play-based games and to model for them the love of being active and enjoying sports. In this program, we will focus on tee ball and practice games that teach hitting and throwing mechanics, recognize the bases and gross motor development and hand-eye coordination. Games and activities are modeled, practiced with support and independently. The goal of a

SuperTots class is to promote independence and teamwork. We also work on listening and following instructions. The class uses a variety of fun games with lots of physical activity. A variety of props, songs, and games are used to engage the athletes. Movement skills are developed using engaging games with appropriately sized, safe equipment.

Chess Kings & Queens

Grades: K-2 | \$120 (5 classes)

Instructor: **Kyle Jones USCF CM**

Students learn the rules and concepts of chess, the history of one of the most storied games, tournament procedures and etiquette and the knowledge to participate in casual or competitive games with friends and family. This is the perfect class for new players and experienced players seeking more confidence in their play. In the first half of each class, students learn world champion openings, ideas in the middle game, end game patterns, tactical moves and elements are examined and discussed. Participants play against each other in our club tournament in the second half of each class. Students earn chess keychains for their hard work that may be turned in for trophies!

Stage Combat - Jedi Boot Camp

Grades: 3-5 | \$100 (5 classes)

Instructor: **Hunter Minor**

May the force be with you, young Jedi. Join Stage Combat master, Mr. Minor, as he breaks down the nitty gritty on what goes on behind the scenes of action movies like the Star Wars franchise. We will be falling, rolling, diving, sliding, punching, sabering, and of course forcing our way through combat focused scene work. Prioritizing our safety and creating a maturity and awareness of when this material is appropriate to explore will be our main focuses. This camp is sure to create a better sense of body awareness all the while allowing the campers to use their artistic juices to create a short, action based, film. Will they join the dark side or stay true to the resistance? Only time will tell.

SPRING 2023 AFTER SCHOOL ACTIVITIES SCHEDULE

Mondays

Program	Grades	Time	6-week
Superhero Bootcamp	EXP-PK	3:30-4:30pm	\$120.00
Under the Big Top	K-2	3:30-4:30pm	\$120.00
I Can Do It! Tasty Treats	3-5	3:30-4:30pm	\$140.00

Class Dates: April 10, 17, 24 May 1, 8, 15

Tuesdays

Program	Grades	Time	6-week
Where in the World? A Musical Adventure	EXP-PK	3:30-4:30pm	\$120.00
Forest Tuesdays	K-2	3:30-4:30pm	\$120.00
Nerf It Up!	2-5	3:30-4:30pm	\$120.00

Class Dates: April 11, 18, 25 May 2, 9, 16

Wednesdays

Program	Grades	Time	6-week
Gymnastics & Fitness	EXP-PK	3:30-4:30pm	\$120.00
Mindfulness & Movement	K-5	3:30-4:30pm	\$105.00
Chess Kings & Queens	3-5	3:30-4:30pm	\$145.00

Class Dates: April 12, 19, 26 May 3, 10, 17

Thursdays

Program	Grades	Time	6-week
Super Soccer Stars	EXP-PK	3:30-4:30pm	\$120.00
Art & Nature	K-2	3:30-4:30pm	\$120.00
Awesome Art Exploration	3-5	3:30-4:30pm	\$120.00

Class Dates: April 13, 20, 27 May 4, 11, 18

Fridays

Program	Grades	Time	5-week
BaseballTots	EXP-PK	3:30-4:30pm	\$100.00
Chess Kings & Queens	K-2	3:30-4:30pm	\$120.00
Stage Combat - Jedi Boot Camp	3-5	3:30-4:30pm	\$100.00

Class Dates: April 14, 21 May 5, 12, 19 (no class April 28)

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