## Kids 4 Kids Food Drive

October 29th - November 9th

Please support Columbus Academy's annual food collection by donating non-perishable food items for our 32 sponsored families.

When selecting foods, please note the following: expiration dates, dent-free containers, variety of foods

## BREAKFAST FOOD SUGGESTIONS

BISQUICK or BAKING MIX • MUFFIN MIX • PANCAKE MIX

BREAKFAST BARS • QUICK BREAD MIX • COLD CEREAL • OATMEAL

CREAM OF WHEAT • GRITS • SYRUP • PEANUT BUTTER • JELLY

CANNED FRUIT OR JUICE

## **LUNCH & DINNER SUGGESTIONS**

BOXED ALL-IN-ONE MEALS • CANNED & DRIED BEANS
BOXED MACARONI AND CHEESE OR RICE DISHES

CANNED FRUITS & VEGETABLES

CANNED STEW • PREPARED CHILI • CRACKERS • SOUP • CHILI FIXINGS

(variety of beans, tomatoes, tomato sauce)

CANNED TUNA, CHICKEN, HAM, SALMON • PIZZA MIX (sauce, pepperoni)

SEALED SNACK CUPS • JELL-O & PUDDING MIXES

DRIED/CANNED POTATOES • PASTA • RICE • SPAGHETTI SAUCE

CANNED PASTA • JELLY • PEANUT BUTTER • BABY FOOD

## STAPLES & HOLIDAY MEAL SUGGESTIONS

CAKE or BROWNIE MIXES • CANNED FROSTING • CRANBERRY SAUCE
PIE FILLINGS • PIE CRUST MIX • EVAPORATED MILK for pumpkin pie filling
SALAD DRESSINGS • CATSUP • GRAVY • MUSTARD • FLOUR • SUGAR
VEGETABLE OIL • STUFFING MIX • CANNED SWEET POTATOES/YAMS