

The Columbus Academy

PRE-PARTICIPATION PHYSICAL EXAM SCREENINGS

Pre-participation Physical Exams (PPEs) will be held at The Columbus Academy, 4300 Cherry Bottom Road, on Wednesday, June 8, 2011 for all student-athletes enrolled at CA entering grades 7 through 12 in the 2011-2012 academic year. Screening exams begin at 6 pm for Upper School student-athletes and 6:45 pm for the Middle School.

PPEs are offered FREE of charge. Please understand that *these physicals are screenings* designed specifically for sports participation and they are intended as a supplement to, rather than a substitute for, ongoing health care by a family physician or other specialist. These physicals are not designed to treat or evaluate chronic medical conditions. If your son or daughter is presently under a physician's care for any chronic medical condition, he or she must receive *clearance in writing for sports participation by that treating physician*. Please understand that there are some health conditions that cannot be detected by a routine screening exam. If you have any concerns about your child's health, discuss them with your family physician or other specialist.

Columbus Academy mass PPEs are given on a first-come, first-served basis only on this date. Please note that there can be "a wait" at this event. We invite you to take advantage of this wait and report to room A201 to complete or revise the Emergency Medical/Travel Authorization On-Line Health form. Beckie Hoagland and Cindy Zive will be available to assist you. If your evening plans do not allow for a small wait, please make an appointment with your private physician at your convenience. We use the OHSAA PPE form. All completed PPE forms are to be returned to the Athletic Office. Athletes should wear their glasses or contacts, bathe prior to arrival, and wear loose, comfortable clothing, preferably shorts and T-shirts. Page 1, 3-4 of the PPE form must be **completed and signed by a parent/guardian** (for all student-athletes under 18 years of age) **PRIOR** to the PPE exam. The physicians will not evaluate minors without proper parent/guardian signatures.

Due to the large number of student-athletes that will be examined, **our volunteer physicians will complete NO CAMP PHYSICAL FORMS** on June 8.