

Weekly Lunch Menu 10/31 - 11/04/2011

- MONDAY**
- French Onion Soup
 - Mushroom Soup
 - Wheat Berry Salad with Dried Cranberries & Feta
 - Buffalo Chicken Salad
 - Corned Beef
 - Egg Salad
 - Hot Dog
 - Waffle Fries
 - Steamed Fresh Green Beans
 - Sautéed Vegetable Medley
 - Spicy Tofu with Broccoli & Basil
 - Hot Dog Topping Bar
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Peaches
 - Honeydew
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- TUESDAY**
- Vegetarian Chili
 - Manhattan Clam Chowder
 - Broccoli, Cauliflower, Cheddar & Bacon Salad
 - Butternut Squash & Spinach Salad
 - Honey Ham
 - Hummus
 - Yankee Pot Roast
 - Spicy Teriyaki Tofu
 - Spicy Teriyaki Sauce
 - Roasted Red Potatoes
 - Roasted Brussels Sprouts
 - Steamed Baby Carrots
 - Burger Seasonings Bar
 - Meat Sauce
 - Marinara Sauce
 - Garlic Bread
 - Pasta
 - Cantaloupe
 - Watermelon
 - Vanilla Yogurt
 - Frozen Yogurt
 - Fresh-Baked Cookies
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk

- WEDNESDAY**
- Chili Con Carne
 - Tomato Bisque
 - Indian Chickpea Salad
 - Mango Crunch Salad
 - Genoa Salami
 - Spicy Olive Spread
 - Sloppy Joes
 - Steamed Vegetables with Roasted Chickpeas
 - Baked Sweet Potato
 - "Creamed" Spinach
 - Sautéed Swiss Chard & Caramelized Fennel
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Grapes
 - Pineapples
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- THURSDAY**
- Carrot Soup
 - Chicken Noodle Soup
 - Mediterranean Barley Salad
 - Mediterranean Quinoa Salad
 - House-Roasted Beef
 - Herbed Goat Cheese Spread
 - Chicken Fajitas
 - Spanish Rice
 - Balsamic Roasted Vegetable Pasta
 - Steamed Asparagus
 - Roasted Winter Root Vegetables
 - Fajita Bar
 - Marinara Sauce
 - Meat Sauce
 - Pasta
 - Garlic Bread
 - Oranges
 - Peaches
 - Vanilla Yogurt
 - Frozen Yogurt
 - Easy Congo Bars
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- FRIDAY**
- Corn Chowder
 - Minestrone Soup
 - Quinoa Salad with Orange-Cumin Vinaigrette
 - Oriental Spinach Salad
 - Pastrami
 - Black Bean Hummus
 - Pepperoni Pizza
 - Cheese Pizza
 - Vegetable Lovers Pizza
 - Gnocchi Pasta with Gorgonzola Cheese & Mustard Greens
 - Steamed Array of Vegetables
 - Corn
 - Marinara Sauce
 - Alfredo Sauce
 - Garlic Bread
 - Pasta
 - Watermelon
 - Honeydew
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink