

Weekly Lunch Menu

12/05 - 12/09/2011

MONDAY

- Buffalo Chili
- Potato Leek Soup - V
- Asian Mandarin Orange Spinach Salad
- Tarragon Tuna Salad
- Oriental Coleslaw - V-
- Peaches
- Honeydew
- Corned Beef
- Egg Salad
- Swiss Cheese
- Roasted Red Pepper Hummus - V
- Turkey Corn Dog
- Black Bean Pasta Bake - V
- Sesame Broccoli Saute
- Steamed Squash & Peppers
- Ginger Rice with Egg
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

TUESDAY

- Jambalaya
- Garden Fresh Vegetable Soup- V-
- South of the Border Salad
- Southwestern Pasta Salad
- Wheat Berry Waldorf Salad - V -
- Cantaloupe
- Watermelon
- Capicola
- Pepper Jack Cheese
- Hummus -V
- Barbecued Texas Beef Brisket
- Baked Potato Wedges
- Steamed Fresh Spinach
- Roasted Root Vegetables
- Spinach Lasagna Roll-Up - V-
- Marinara Sauce
- Meat Sauce
- Garlic Bread
- Pasta
- Vanilla Yogurt
- Frozen Yogurt
- Brownies
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

WEDNESDAY

- Stuffed Bell Pepper Soup
- Fresh Asparagus Soup - V-
- Spinach Salad
- Pasta Salad
- Roasted Barley with Mixed Vegetables- V -
- Pineapple
- Grapes
- Genoa Salami
- Provolone Cheese
- Spicy Olive Spread
- Baked Chicken Parmesan
- Rice Pilaf
- Asparagus Spears
- Summer Squash Medley
- Penne with Black Beans & Artichokes - V
- Baked Potato Bar
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

THURSDAY

- Chicken Tortilla Soup
- Italian Vegetable Soup - V-
- Wheat Berry, Feta & Grape Salad
- Tortellini & Spinach Salad
- Vegetable Panzanella Salad -V-
- Oranges
- Honeydew
- House-Roasted Beef
- Herbed Goat Cheese Spread
- Hot Italian Roast Beef Grinder
- Baked Potato
- Corn
- Fiesta Green Beans
- Buttered Pierogies - V -
- Marinara Sauce
- Meat Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Sugar Cookies
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

FRIDAY

- Chicken Noodle Soup
- Mushroom Barley Soup - V -
- Southwest Black Bean & Corn Salad (Build Your Own)
- Tomato, Spinach & Orzo Salad
- Vegetable Barley Salad - V -
- Honeydew
- Watermelon
- Pastrami
- Black Bean Hummus- V-
- Chicken Roselli
- Buttered Egg Noodles
- Steamed Snap Peas
- Honey Glazed Carrots
- Broccoli Cheddar Quiche - V -
- Hot Dog Topping Bar
- Marinara Sauce
- Alfredo Sauce
- Garlic Bread
- Pasta
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

