

# Weekly Lunch Menu

## 08/29 - 09/02/2011

### MONDAY

- Curried Chicken with Artichoke & Asparagus Soup
- Barley & Lentil Soup
- Chef's Salad
- Chicken & Orzo Salad
- Corned Beef
- Egg Salad
- BBQ Chicken Wings
- Buffalo Wings
- Portabella Mushroom Sandwich
- Baked Macaroni & Cheese
- Steamed Cauliflower
- Sauteed Broccoli & Mushrooms
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Peaches
- Honeydew
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

### TUESDAY

- Ham & Bean Soup
- Carrot & Ginger Soup
- Fit For Life Salad
- Creamy Horseradish Coleslaw
- Honey Ham
- Hummus
- General Tso's Chicken
- Vegetable Egg Roll
- Steamed Snap Peas
- Ginger Carrot Coins
- Steamed White Rice
- Marinara Sauce
- Meat Sauce
- Garlic Bread
- Pasta
- Cantaloupe
- Watermelon
- Vanilla Yogurt
- Frozen Yogurt
- Fresh-Baked Cookies
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

### WEDNESDAY

- Tuscan Potato Sausage Soup
- Roasted Eggplant & Tomato Soup
- Tabbouleh
- Georgia Peach Salad
- Genoa Salami
- Spicy Olive Spread
- House-Made Chicken Fingers
- Roasted Vegetable & Feta Pita
- Scalloped Potatoes
- Sauteed Zucchini
- Steamed Lima Beans
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Grapes
- Pineapples
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

### THURSDAY

- Mexican Beef Stew
- Mexican Black Bean Soup
- Black Bean & Sweet Corn Salad
- Chicken Nicoise Salad
- House-Roasted Beef
- Herbed Goat Cheese Spread
- Hard & Soft Beef Taco
- Southwest Black Bean Tomato Wrap
- Cilantro Lime Brown Rice
- Fiesta Corn
- Seasoned Pinto Beans
- Steamed Broccoli
- Tex Mex Condiment Bar
- Marinara Sauce
- Meat Sauce
- Pasta
- Garlic Bread
- Oranges
- Peaches
- Vanilla Yogurt
- Frozen Yogurt
- Rice Krispies® Treats
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

### FRIDAY

- Chicken Noodle Soup
- Barley & Roasted Vegetable Soup
- Oriental Spinach Salad
- Indian Chickpea Salad
- Pastrami
- Black Bean Hummus
- Popcorn Shrimp
- Roasted Potatoes
- Stuffed Shells
- Seasoned Steamed Peas
- Sauteed Sicilian Vegetables
- Marinara Sauce
- Alfredo Sauce
- Garlic Bread
- Pasta
- Watermelon
- Honeydew
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink